



Lebanon Monthly Price Bulletin

**Tracking prices for the most essential goods
available on the Lebanese market**



**World Food
Programme**



REPUBLIC OF LEBANON
MINISTRY OF ECONOMY & TRADE

January 2025

ABOUT THIS REPORT

This report is the result of a joint project between the Ministry of Economy and Trade (MoET) and the World Food Programme (WFP). The project aims to implement a market price information system and economic analysis in Lebanon, with the goal of enhancing the Ministry's capacity to monitor prices in the current context of economic volatility and insecurity.

The report is composed of three main sections:

- A high-level view of the latest price trends through the lens of the **Market Food Price Index (MFPI)**
- An **in-depth analysis** per food category and governorate
- An **annex table** displaying the latest prices nationally and per governorate

This report was based on price monitoring data of 75 food and non-food items from a representative sample of around 1,000 shops located across the eight governorates.

Data is collected weekly and stored on a price monitoring system hosted by WFP.

Due to the ongoing security concerns at the time of data collection, January 2025 prices in the El Nabatieh governorate were limited to price data collection across 25 shops. As data for vegetables and fruits were unavailable specifically in this governorate, their indexes for January 2025 were estimated by applying the monthly variation in national prices to the December 2024 prices in the governorate.

As for the South governorate, data collection primarily covered the Saida and Jezzine districts, as few markets were fully operational in the Sour district in January 2025.

Collection in the El Nabatieh and South governorates is expected to return to pre-conflict levels starting February 2025.

MARKET FOOD PRICE INDEX (MFPI)

Key highlights

The MFPI slightly decreased to **134.0** in January 2025, registering a **0.4 percent monthly drop**, driven by a 5.7 percent monthly decrease in **eggs** and a 2.8 percent decrease in **fresh poultry**. The MFPI has increased by **6.8 percent** since January 2024.

The price index has been driven since January 2023 by an index evolution in **vegetables and tubers** (191.3), **cereals** (122.5), **fruits** (221.6), and **fresh poultry** (130.7).

The highest MFPI was observed in the governorates of **Beirut** (**139.1**) and **South** (**137.7**).

JANUARY 2025 MFPI

134.0

-0.4 percent monthly evolution

+7 percent yearly evolution

Index Components	Price Index (Jan-25)	Monthly Trend	Yearly Trend
Beverages	120.5	0%	+14.1%
Canned Fish	111.9	+0.6%	+7.6%
Cereals	122.5	+0.2%	+7.5%
Condiments	130.6	-0.2%	+4.4%
Dairy	111.7	-0.8%	+0.5%
Eggs	99.0	-5.7%	-12.6%
Fats & Oils	115.1	-0.3%	+8.5%
Fresh Poultry	130.7	-2.8%	+7.4%
Fruits	221.6	+4.2%	+13.2%
Pulses	136.6	+0.7%	+9.8%
Sugar	111.7	-1.8%	-2.8%
Vegetables & Tubers	191.3	-0.8%	+7.3%
MFPI	134.0	-0.4%	+6.8%

Base 100 = Jan 23

KEY DRIVERS

Notable Monthly Price Evolution

Governorate MFPI

- South, El Nabatieh, and Baalbek-El Hermel (+1%)

MFPI Components

- Fruits (+4%)
- Eggs (-6%)

Persisting **conflict-related challenges** negatively impacted prices in affected areas despite the ongoing ceasefire arrangement.

Notable Yearly Price Evolution

Governorate MFPI

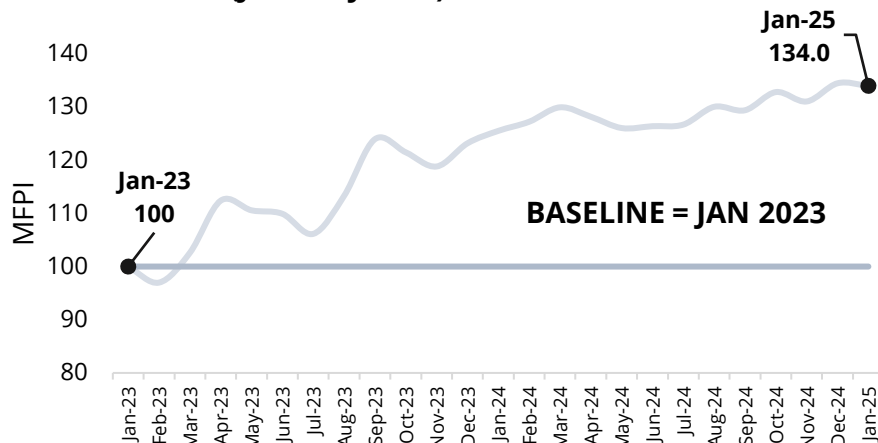
- South (+12%)
- Baalbek-El Hermel (+11%)

MFPI Components

- **Beverages** (+14%)
- **Fruits** (+13%)

The combined effect of **conflict, mass displacement, and economic deterioration** over the past year had a comparatively more pronounced impact on prices in South and Baalbek-El Hermel.

MFPI Evolution (Jan 23 - Jan 25)



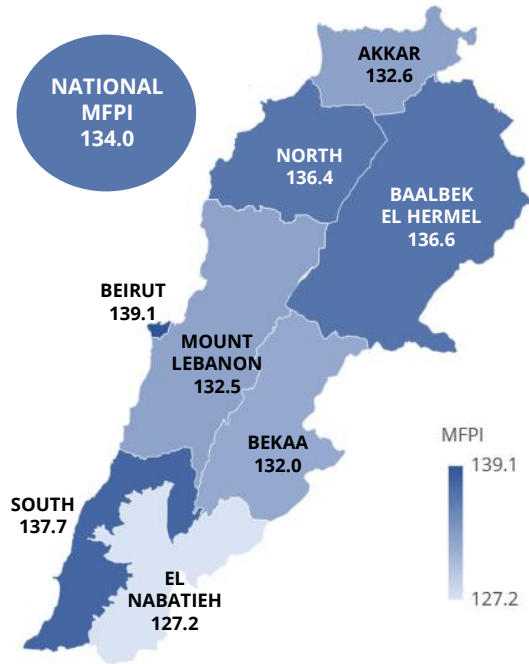
The **Market Food Price Index (MFPI)** is a measure of the average change over time in the prices in US dollars paid by consumers for 65 essential food items. It is calculated as the weighted average of price changes for each of its components. The base month of the index is January 2023.

ANALYSIS

Overview

Price adjustments witnessed since October 2024 started softening in January 2025, with no major monthly variation observed throughout all governorates. Some inflationary trajectories nonetheless persisted in conflict-affected areas (El Nabatieh, South, and Baalbek-El Hermel), especially for fruits, cereals, and fresh poultry, the latter specifically in El Nabatieh. Prices of eggs and fresh poultry were back on a deflationary path after slightly recovering in December 2024.

Market Food Price Index by Governorate (January 2025)
Base = January 2023



Highest and Lowest Governorates Scores

↑	Beirut	139.1	↓	Bekaa	132.0
	South	137.7		El Nabatieh	127.2

Highest and Lowest Components Scores

↑	Fruits	221.6	↓	Sugar	111.7
	Vegetables & Tubers	191.3		Eggs	99.0

Year over Year Evolution

↑	South	+12%	↓	Bekaa	+5%
	Baalbek El Hermel	+11%		El Nabatieh	0%

Month over Month Evolution

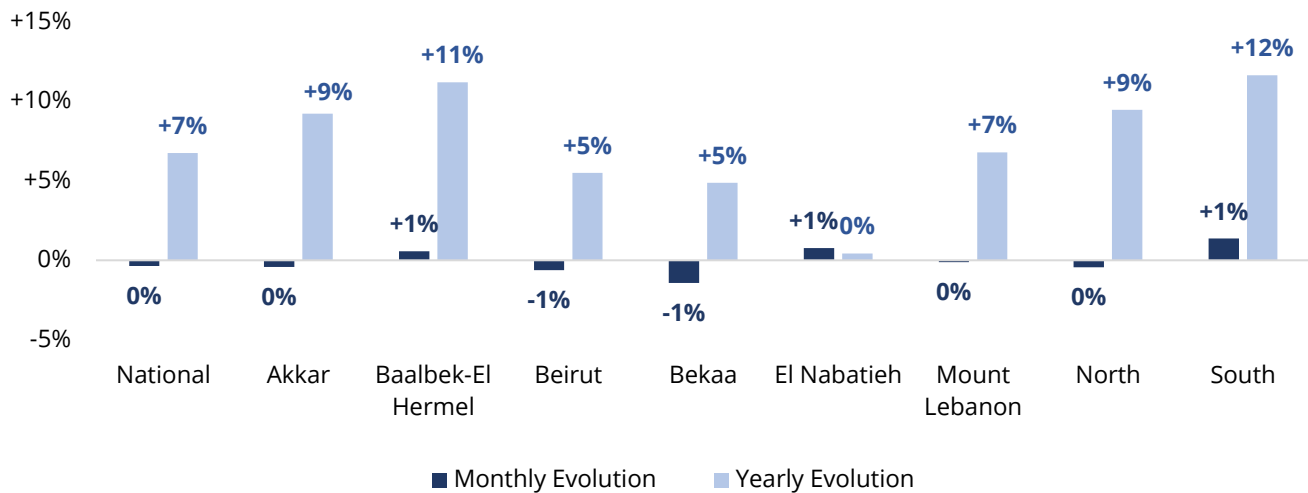
↑	South, El Nabatieh, & Baalbek El Hermel	+1%	↓	Beirut & Bekaa	-1%
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Notable Trends:

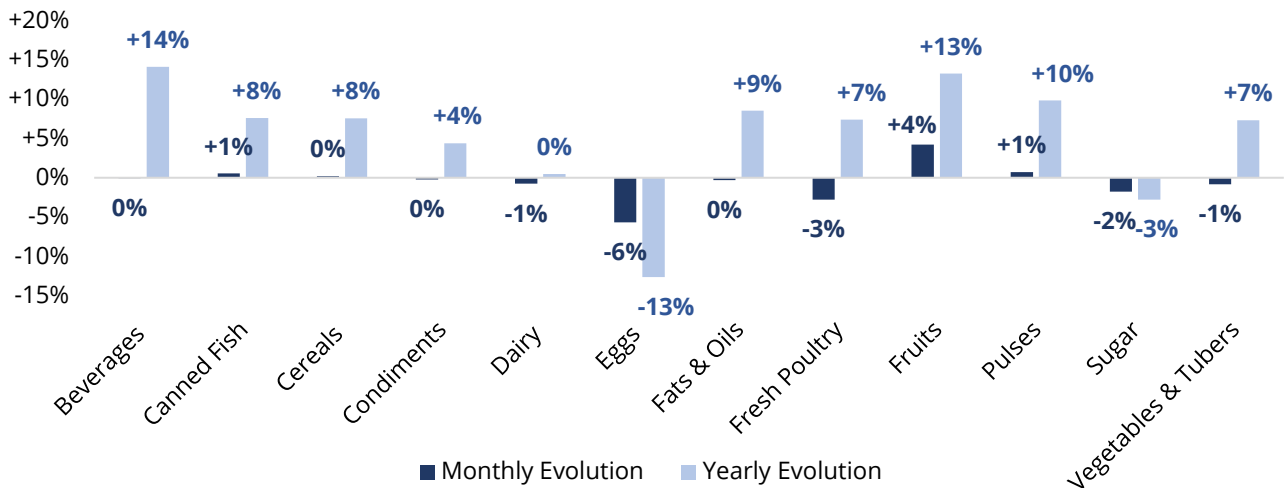
- Different price evolutions were observed across governorates:
 - Akkar:** Notable 15 percent monthly increase in fruits. Highest monthly decrease in vegetables and tubers (-8 percent).
 - Baalbek-El Hermel:** Highest yearly increase in fresh poultry (+29 percent). Notable 6 percent monthly increase in vegetables and tubers, compared to 1 percent decrease nationwide.
 - Bekaa:** Highest monthly decrease in fresh poultry (-8 percent)
 - El Nabatieh:** Notable 10 percent increase in fresh poultry, compared to 3 percent decrease nationwide. Notable 14 percent monthly and yearly decrease in eggs.
 - Mount Lebanon:** Highest yearly increase in fats and oils (+22 percent)
 - North:** Notable 23 percent monthly increase and 41 percent yearly increase in fruits.
 - South:** Highest monthly and yearly increase in fruits (30 and 53 percent, respectively). Highest monthly decrease in eggs (-16 percent).

Monthly and yearly price evolution by governorate and component

MFPI Monthly & Yearly Price Evolution By Governorate



MFPI Monthly & Yearly Price Evolution By Component - National

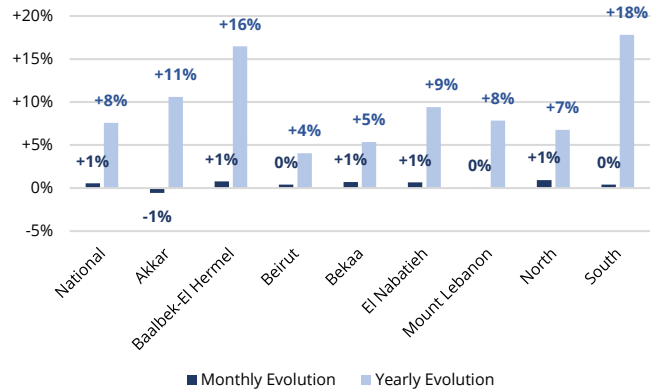


PRICE BULLETIN – JANUARY 2025

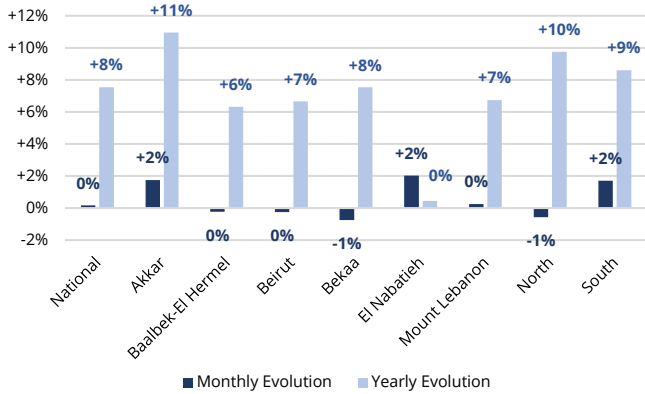
Beverages - Monthly & Yearly Price Evolution By Governorate



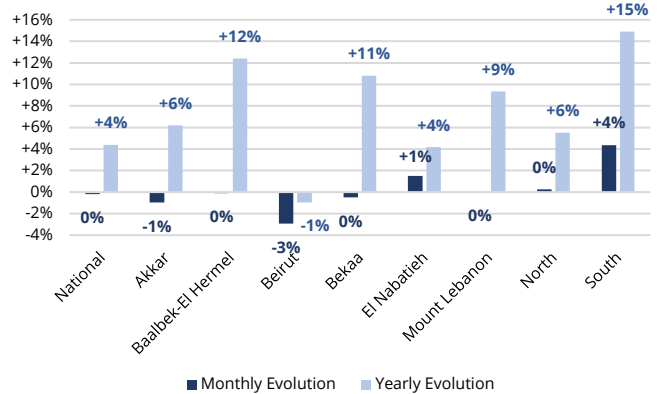
Canned Fish - Monthly & Yearly Price Evolution By Governorate



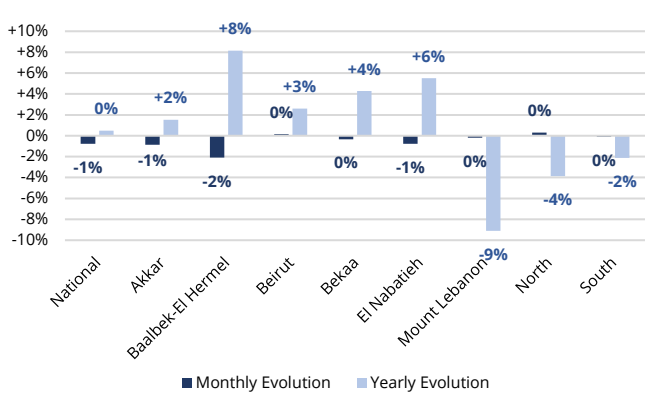
Cereals - Monthly & Yearly Price Evolution By Governorate



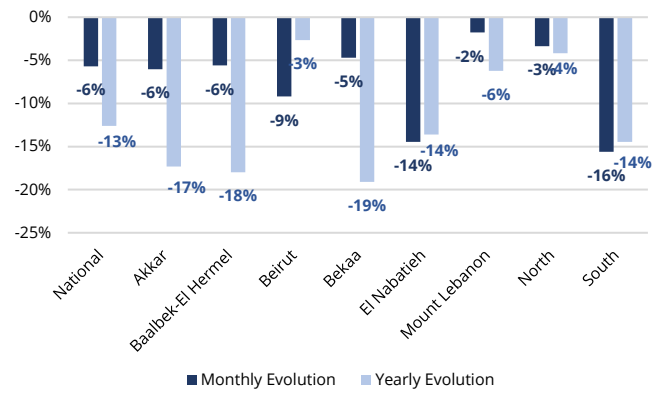
Condiments - Monthly & Yearly Price Evolution By Governorate



Dairy - Monthly & Yearly Price Evolution By Governorate

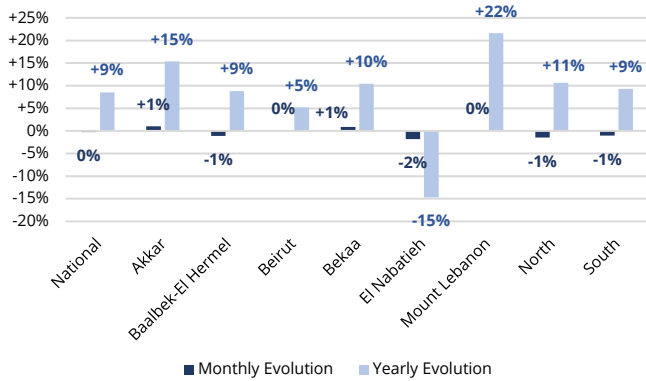


Eggs - Monthly & Yearly Price Evolution By Governorate

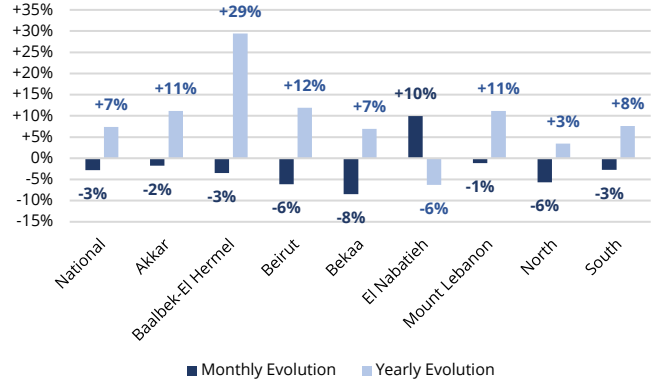


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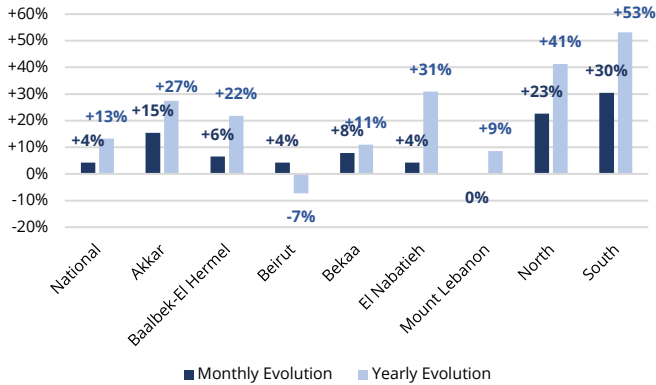
Fats & Oils - Monthly & Yearly Price Evolution By Governorate



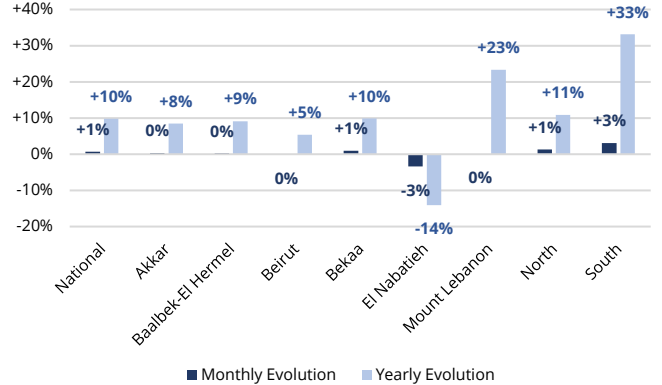
Fresh Poultry - Monthly & Yearly Price Evolution By Governorate



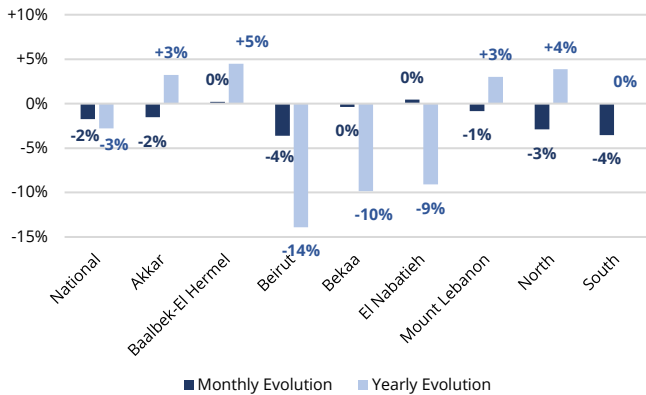
Fruits - Monthly & Yearly Price Evolution By Governorate



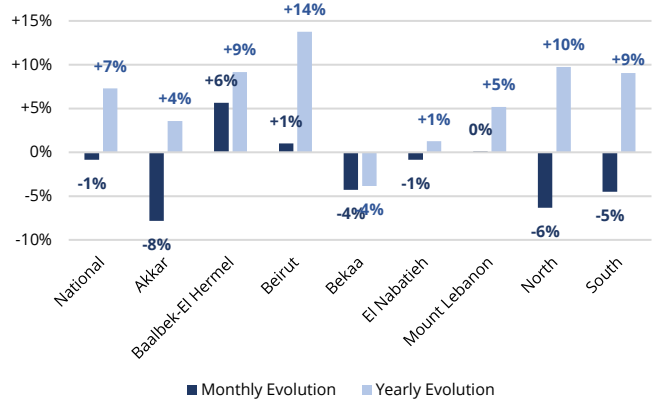
Pulses - Monthly & Yearly Price Evolution By Governorate



Sugar - Monthly & Yearly Price Evolution By Governorate



Vegetables & Tubers - Monthly & Yearly Price Evolution By Governorate



PRICE BULLETIN – JANUARY 2025

ANNEX

PRICE PER ITEM – JANUARY 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
BEVERAGES	Arabic Coffee	180 g	\$3.17	\$2.6	\$1.5	\$2.48	\$2.61	\$2.75	\$2.65	Data not available	\$2.6	\$2.61	\$2.58
	Drinking Water	2 liters	\$2.45	\$1.37	\$0.48	\$1.24	\$1.28	\$1.66	\$1.27	Data not available	\$1.34	\$1.49	\$1.46
	Nescafe 3 in 1	One stick	\$0.33	\$0.22	\$0.15	\$0.26	\$0.23	\$0.18	\$0.22	Data not available	\$0.18	\$0.23	\$0.21
	Tea Bags	160 g	\$2.77	\$2.04	\$1.3	\$1.95	\$1.96	\$2.13	\$2.04	\$1.79	\$2.07	\$2.08	\$2.23
	Yerba Mate	250 g	\$1.99	\$1.47	\$1.16	\$1.36	\$1.39	\$1.67	\$1.43	Data not available	\$1.49	\$1.56	\$1.52
CANNED FISH	Sardines (canned)	125 g	\$1.16	\$0.79	\$0.56	\$0.68	\$0.76	\$0.8	\$0.79	\$0.84	\$0.81	\$0.79	\$0.81
	Tuna (canned)	185 g	\$2.08	\$1.6	\$1.02	\$1.52	\$1.51	\$1.8	\$1.54	Data not available	\$1.61	\$1.58	\$1.77
CEREALS	Arabic Bread	800 g	\$0.88	\$0.77	\$0.55	\$0.72	\$0.81	\$0.86	\$0.79	\$0.82	\$0.76	\$0.71	\$0.78
	Brown Bulgur	900 g	\$1.49	\$1.05	\$0.76	\$0.98	\$1.03	\$1.04	\$1.04	\$1.05	\$1.11	\$1	\$1.12
	Egyptian Rice	900 g	\$1.45	\$1	\$0.8	\$0.95	\$0.98	\$1.01	\$1.01	\$1.1	\$1.05	\$1	\$1.19
	Noodles	70 g	\$0.97	\$0.42	\$0.23	\$0.45	\$0.42	\$0.42	\$0.45	Data not available	\$0.37	\$0.47	\$0.36
	Pasta	500 g	\$1.65	\$0.96	\$0.39	\$0.76	\$0.87	\$1.18	\$0.96	\$1.02	\$1.01	\$0.92	\$1.04
	Sweet Corn	340 g	\$1.69	\$1.11	\$0.6	\$0.78	\$1.07	\$1.27	\$1	Data not available	\$1.32	\$1.12	\$1.34
	Wheat Flour	900 g	\$1.4	\$0.86	\$0.55	\$0.71	\$0.84	\$0.78	\$0.78	Data not available	\$0.93	\$0.89	\$0.89
CONDIMENTS	Bouillon Cubes (chicken or meat)	20 g	\$0.4	\$0.2	\$0.12	\$0.21	\$0.24	\$0.17	\$0.19	Data not available	\$0.18	\$0.19	\$0.24
	Pomegranate Molasse	270 g	\$2.25	\$1.65	\$1.13	\$1.51	\$1.66	\$1.54	\$1.71	Data not available	\$1.65	\$1.67	\$1.67
	Salt	700 g	\$1.05	\$0.31	\$0.12	\$0.25	\$0.31	\$0.35	\$0.3	\$0.39	\$0.31	\$0.34	\$0.24
	Thyme (dry)	400 g	\$4.44	\$1.54	\$0.85	\$1.4	\$1.55	\$2.54	\$1.64	Data not available	\$1.54	\$1.45	\$1.56

PRICE BULLETIN – JANUARY 2025

PRICE PER ITEM – JANUARY 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
CONDIMENTS	Tomato Ketchup	340 g	\$1.15	\$0.8	\$0.64	\$0.81	\$0.81	\$0.8	\$0.79	Data not available	\$0.82	\$0.77	\$0.8
	Tomato Paste	660 g	\$2.85	\$1.76	\$0.98	\$1.63	\$1.74	\$1.75	\$1.73	\$1.51	\$1.82	\$1.82	\$1.79
	White Vinegar	950 ml	\$1.53	\$0.78	\$0.38	\$0.61	\$0.79	\$0.71	\$0.82	Data not available	\$0.77	\$0.84	\$0.89
DAIRY	Canned Cheese	120 g	\$2.19	\$1.06	\$0.47	Data not available	Data not available	\$1.02	Data not available	Data not available	\$1.75	Data not available	\$0.8
	Cheese Triangles	108 g	\$1.49	\$1	\$0.48	\$0.78	\$0.98	\$0.89	\$1.21	Data not available	\$0.9	\$1.2	\$0.99
	Laban	1,000 g	\$2.47	\$1.67	\$0.9	\$1.21	\$1.5	\$1.72	\$1.8	\$1.69	\$1.73	\$1.76	\$1.89
	Labneh	450 g	\$3.49	\$2.46	\$1.01	\$1.82	\$2.29	\$2.6	\$2.62	Data not available	\$2.52	\$2.61	\$2.76
	Milk Powder (Full Fat)	750 g	\$8.61	\$5.89	\$4.39	\$5.56	\$6.04	\$5.95	\$6.06	\$6.02	\$5.93	\$5.86	\$5.61
	Processed Cheese	120 g	\$1.48	\$0.89	\$0.49	\$0.94	\$0.77	\$0.95	Data not available	Data not available	\$0.96	\$0.87	\$0.89
EGGS	Eggs	30 eggs	\$5	\$3.63	\$2.66	\$3.25	\$3.17	\$4.35	\$3.2	\$3.8	\$3.88	\$3.97	\$3.8
FATS & OILS	Butter	200 g	\$2.99	\$2.18	\$0.44	\$1.58	\$1.99	\$2.52	\$2.29	Data not available	\$2.26	\$2.05	\$2.6
	Olive Oil	500 ml	\$6.8	\$3.84	\$1.47	\$3.35	\$2.49	\$5.79	\$3.72	Data not available	\$4.12	\$4.78	\$2.61
	Sunflower Oil	5,000 ml	\$16.08	\$9.08	\$6.05	\$8.73	\$8.95	\$9.5	\$8.86	\$8.18	\$9.02	\$9.22	\$9.68
	Tahini Sauce	800 ml	\$6.25	\$4.32	\$2.4	\$3.68	\$4.13	\$5.29	\$4.59	\$4.39	\$4.9	\$3.91	\$4.26
	Vegetable Ghee	700 ml	\$3.95	\$2.31	\$1.23	\$2.24	\$2.32	\$2.88	\$2.12	Data not available	\$2.45	\$2.31	\$2.16
FRESH POULTRY	Chicken (Whole)	1,000 g	\$4.25	\$3.38	\$2	\$4.2	\$3.52	\$4.06	\$3.47	\$2.37	\$3.24	\$3.6	Data not available
	Chicken Breast	1,000 g	\$10.52	\$8.21	\$6.15	\$6.82	\$7.83	\$8.34	\$7.54	\$9.15	\$8.42	\$8	Data not available
	Chicken Legs	1,000 g	\$3.89	\$2.68	\$1.74	\$2.6	\$2.49	\$2.67	\$2.43	\$2.56	\$2.95	\$2.25	Data not available

PRICE BULLETIN – JANUARY 2025

PRICE PER ITEM – JANUARY 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
FRUITS	Apple (red or yellow)	1,000 g	\$2.51	\$1.35	\$0.88	\$1.48	\$1.37	\$1.61	\$1.37	Data not available	\$1.23	\$1.85	\$1.87
	Banana	1,000 g	\$1.2	\$0.75	\$0.5	\$0.64	\$0.73	\$0.74	\$0.72	Data not available	\$0.8	\$0.75	\$0.8
	Clementine	1,000 g	\$2.25	\$0.84	\$0.38	\$0.49	\$0.9	\$2	\$1.01	Data not available	\$0.77	\$0.84	\$2.22
	Grapes	1,000 g	\$4.85	\$2.3	\$1.28	\$1.83	\$2.77	\$1.93	Data not available	Data not available	\$2.04	\$4.85	Data not available
	Lemon	1,000 g	\$1.2	\$0.75	\$0.35	\$0.64	\$0.61	\$0.83	\$0.55	Data not available	\$0.89	\$0.62	\$0.66
	Orange	1,000 g	\$0.99	\$0.7	\$0.35	\$0.56	\$0.7	\$0.63	\$0.59	Data not available	\$0.75	\$0.72	\$0.88
LUNCHEON MEAT	Beef Luncheon	200 g	\$2.41	\$1.11	\$0.53	\$1.37	\$0.84	\$1.52	\$1.15	Data not available	\$1.03	\$1.33	\$1.51
	Chicken Luncheon	200 g	\$2.25	\$0.92	\$0.6	\$0.77	\$0.82	\$1.15	\$0.75	Data not available	\$1.18	\$0.84	\$0.98
PULSES	Chickpeas	900 g	\$3.3	\$2.05	\$1.13	\$1.83	\$1.68	\$1.95	\$2.1	\$2.01	\$2.16	\$2.15	\$2.42
	Fava Beans (canned)	400 g	\$0.99	\$0.67	\$0.46	\$0.56	\$0.68	\$0.74	\$0.68	Data not available	\$0.7	\$0.67	\$0.69
	Green Peas (canned)	400 g	\$2.44	\$1.2	\$0.45	\$0.77	\$0.91	\$1.7	\$1.1	Data not available	\$1.3	\$1.26	\$1.4
	Hummus Tahini (canned)	400 g	\$1.19	\$0.77	\$0.51	\$0.61	\$0.72	\$0.89	\$0.78	Data not available	\$0.87	\$0.77	\$0.78
	Lentils	900 g	\$2.71	\$1.82	\$1.03	\$1.66	\$1.74	\$1.69	\$1.61	\$1.54	\$1.98	\$1.89	\$2.13
	White Beans	900 g	\$2.97	\$2.02	\$1.11	\$1.81	\$1.81	\$2.13	\$2.11	\$1.86	\$2.09	\$2.01	\$2.41
SUGAR	White Sugar	5,000 g	\$6.98	\$4.95	\$3.61	\$4.66	\$5.1	\$4.97	\$4.8	\$4.94	\$5.52	\$5.02	\$5.09

PRICE BULLETIN – JANUARY 2025

PRICE PER ITEM – JANUARY 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
VEGETABLES & TUBERS	Cabbage	1,000 g	\$0.77	\$0.49	\$0.22	\$0.42	\$0.45	\$0.55	\$0.34	Data not available	\$0.57	\$0.33	\$0.33
	Carrots	1,000 g	\$1.35	\$0.74	\$0.4	\$0.64	\$0.63	\$1.15	\$0.74	Data not available	\$0.7	\$0.82	\$0.77
	Cauliflower	1,000 g	\$1.2	\$0.64	\$0.27	\$0.52	\$0.51	\$0.92	\$0.47	Data not available	\$0.72	\$0.51	\$0.66
	Cucumber	1,000 g	\$1.44	\$1.05	\$0.45	\$0.94	\$1.07	\$1.19	\$0.92	Data not available	\$1.07	\$1.17	\$0.69
	Eggplant	1,000 g	\$1.77	\$0.99	\$0.5	\$0.65	\$0.92	\$1.34	\$0.97	Data not available	\$0.97	\$1.06	\$1.44
	Garlic	300 g	\$2.49	\$1.1	\$0.75	\$0.9	\$1.35	Data not available	\$1.04	Data not available	\$1.02	\$1.14	\$1.82
	Green Bean (Fresh)	1,000 g	\$4.23	\$2.88	\$1.33	\$2.24	\$3.01	\$3.95	\$2.57	Data not available	\$2.87	\$3.26	\$3.55
	Lettuce	750 g	\$1.1	\$0.7	\$0.33	\$0.55	\$0.53	\$0.92	\$0.51	Data not available	\$0.78	\$0.76	\$0.61
	Onion	1,000 g	\$0.97	\$0.73	\$0.45	\$0.61	\$0.63	\$0.83	\$0.66	Data not available	\$0.8	\$0.72	\$0.75
	Parsley	300 g	\$0.44	\$0.23	\$0.15	\$0.26	\$0.22	\$0.34	\$0.22	Data not available	\$0.2	\$0.3	\$0.2
	Potato	1,000 g	\$0.8	\$0.65	\$0.41	\$0.65	\$0.65	\$0.72	\$0.61	Data not available	\$0.65	\$0.69	\$0.66
	Purslane	300 g	\$0.55	\$0.36	\$0.22	\$0.28	\$0.36	\$0.46	\$0.35	Data not available	\$0.35	\$0.35	\$0.25
	Tomato	1,000 g	\$1.15	\$0.87	\$0.45	\$0.79	\$0.88	Data not available	\$0.76	Data not available	\$0.9	\$0.99	\$0.75
Zucchini	1,000 g	\$1.99	\$1.35	\$0.65	\$1.32	\$1.25	\$1.63	\$1.05	Data not available	\$1.45	\$1.25	\$1.06	
NON-FOOD ITEMS	Baby Diapers	40 diapers	\$10.5	\$5.94	\$3.03	\$5.1	\$5.5	\$7.11	\$5.67	\$7.29	\$6.43	\$5.79	\$6.84
	Bleach	1,000 ml	\$1.88	\$1.01	\$0.55	\$0.92	\$1.03	\$1.13	\$0.93	\$1.07	\$0.97	\$1.02	\$1.21
	Dishwashing Liquid	700 ml	\$3.22	\$1.52	\$0.67	\$1.13	\$1.13	\$1.88	\$1.57	\$1.25	\$1.61	\$1.61	\$1.63
	Laundry Washing Powder	4,000 g	\$12.99	\$9.22	\$5.55	\$9.16	\$8.31	\$9.92	\$9.42	\$10.14	\$9.24	\$9.47	\$8.67
	Sanitary Napkins	20 napkins pack	\$4	\$2.34	\$1.27	\$2.24	\$2.51	\$2.49	\$2.3	\$1.97	\$2.25	\$2.35	\$2.65
	Shampoo	400 ml	\$4.34	\$3.1	\$1.51	\$3.06	\$3	\$2.9	\$3.41	\$2.66	\$3.1	\$3	\$3.35
	Soap	One soap bar (125 g)	\$1.35	\$0.8	\$0.16	\$0.67	\$0.82	\$0.82	\$0.92	\$0.69	\$0.81	\$0.82	\$0.85
	Toilet Rolls	32 rolls	\$11.57	\$6.47	\$3.08	\$5.81	\$5.29	\$6.66	\$6.66	\$5.15	\$6.91	\$6.34	\$7.94
	Toothbrush	One toothbrush	\$3.03	\$1	\$0.36	\$0.84	\$0.82	\$1.17	\$0.98	\$1.11	\$1.14	\$1.01	\$0.89
	Toothpaste	125 ml	\$2.45	\$1.33	\$0.83	\$1.26	\$1.38	\$1.29	\$1.4	\$1.44	\$1.28	\$1.41	\$1.29