



Lebanon Monthly Price Bulletin

**Tracking prices for the most essential goods
available on the Lebanese market**



**World Food
Programme**



REPUBLIC OF LEBANON
MINISTRY OF ECONOMY & TRADE

December 2024

ABOUT THIS REPORT

This report is the result of a joint project between the Ministry of Economy and Trade (MoET) and the World Food Programme (WFP). The project aims to implement a market price information system and economic analysis in Lebanon, with the goal of enhancing the Ministry's capacity to monitor prices in the current context of economic volatility and insecurity.

The report is composed of three main sections:

- A high-level view of the latest price trends through the lens of the **Market Food Price Index (MFPI)**
- An **in-depth analysis** per food category and governorate
- An **annex table** displaying the latest prices nationally and per governorate

This report was based on price monitoring data of 74 food and non-food items from a representative sample of around 1,000 shops located across the eight governorates.

Data is collected weekly and stored on a price monitoring system hosted by WFP.

Due to the ongoing security concerns at the time of data collection, December 2024 prices in the Nabatieh governorate were limited to a one-time price data collection across 25 shops. As data for vegetables and fruits were unavailable specifically in this governorate, their indexes for December 2024 were estimated by applying the monthly variation in national prices to the November 2024 prices in the governorate.

As for the South governorate, data collection primarily covered the Saida and Jezzine districts, as few markets were fully operational in the Sour district in December 2024.

MARKET FOOD PRICE INDEX (MFPI)

Key highlights

The MFPI reached **135.7** in December 2024, registering a **2.8 percent monthly increase**, driven by a 16 percent monthly increase in **fresh poultry** and a 6 percent increase in **vegetables and tubers**. The MFPI has increased by **9.7 percent** since December 2023.

The price index has been driven since January 2023 by an index evolution in **vegetables and tubers** (192.9), **cereals** (124.2), **fruits** (212.6), and **fresh poultry** (134.4).

The highest MFPI was observed in the governorates of **Beirut (140.3)** and **North (139.9)**.

DECEMBER 2024 MFPI

135.7

+3 percent monthly evolution

+10 percent yearly evolution

Index Components	Price Index (Dec-24)	Monthly Trend	Yearly Trend
Beverages	127.1	+2.9%	+15.4%
Canned Fish	110.8	-0.6%	+6.3%
Cereals	124.2	-0.8%	+9.1%
Condiments	130.8	-1.5%	+10.8%
Dairy	114.3	+0.6%	+5.0%
Eggs	104.9	-0.6%	-6.6%
Fats & Oils	115.4	+1.6%	+9.0%
Fresh Poultry	134.4	+16.1%	+5.5%
Fruits	212.6	+3.1%	+25.0%
Pulses	135.6	-0.3%	+10.5%
Sugar	116.3	-1.4%	-0.9%
Vegetables & Tubers	192.9	+6.2%	+12.4%
MFPI	135.7	+2.8%	+9.7%

Base 100 = Jan 23

KEY DRIVERS


The impact of **conflict escalation** and **deterioration of local food production** (mainly vegetables, fruits and fresh poultry) led to higher monthly inflation in Akkar and Baalbek-El Hermel.


The combined effect of **conflict, mass displacement**, and **economic deterioration** over the past year had a comparatively more pronounced impact on prices in Baalbek-El Hermel, North and South governorates.

Notable Monthly Price Evolution

Governorate MFPI

- Akkar (+7%)
- Baalbek-El Hermel (+6%)


 **Fresh poultry** (+16%)


 **Vegetables & tubers** (+6%)

Notable Yearly Price Evolution

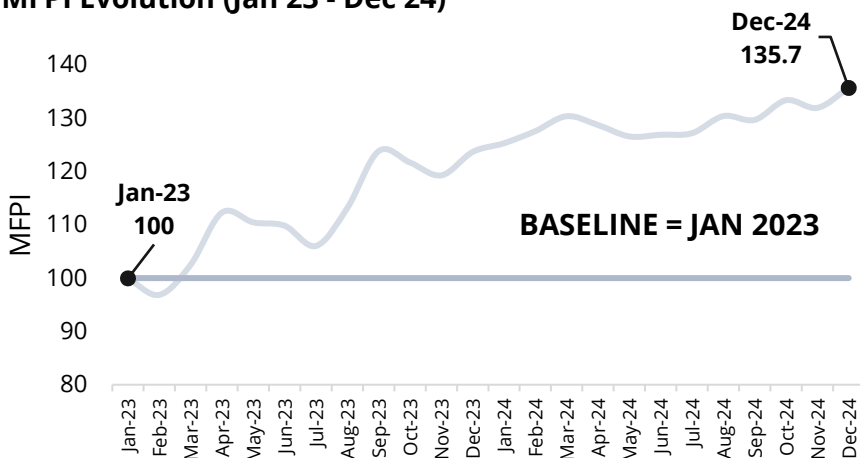
Governorate MFPI

- Baalbek-El Hermel (+13%)
- North and South (+12%)

 **Fruits** (+25%)

 **Beverages** (+15%)

MFPI Evolution (Jan 23 - Dec 24)



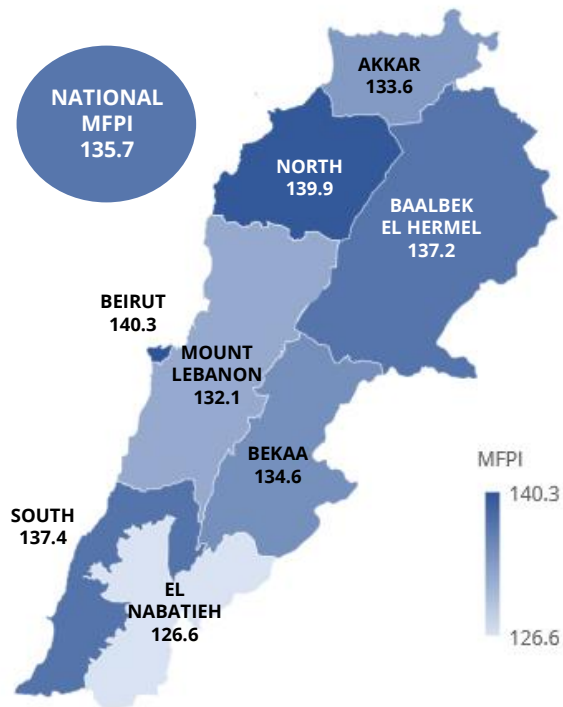
The **Market Food Price Index (MFPI)** is a measure of the average change over time in the prices in US dollars paid by consumers for 64 essential food items. It is calculated as the weighted average of price changes for each of its components. The base month of the index is January 2023.

ANALYSIS

Overview

Prices in December 2024 continued adjusting to the fluid security situation, with sharper price increases in northern Lebanon and the Bekaa Valley, as well as the South governorate. El Nabatieh governorate is the only governorate reporting a monthly decrease in prices, a result of continued challenges regarding internal displacement, shop operationality and post-ceasefire price adjustments. Prices of fresh poultry started recovering after dropping over the three previous months, as consumption of fresh products picked up again following the ceasefire.

Market Food Price Index by Governorate (December 2024)
Base = January 2023



Highest and Lowest Governorates Scores

↑	Beirut	140.3	↓	Mount Lebanon	132.1
	North	139.9		El Nabatieh	126.6

Highest and Lowest Components Scores

↑	Fruits	212.6	↓	Canned Fish	110.8
	Vegetables & Tubers	192.9		Eggs	104.9

Year over Year Evolution

↑	Baalbek El Hermel	+13%	↓	Bekaa	+9%
	North & South	+12%		Mount Lebanon	+9%

Month over Month Evolution

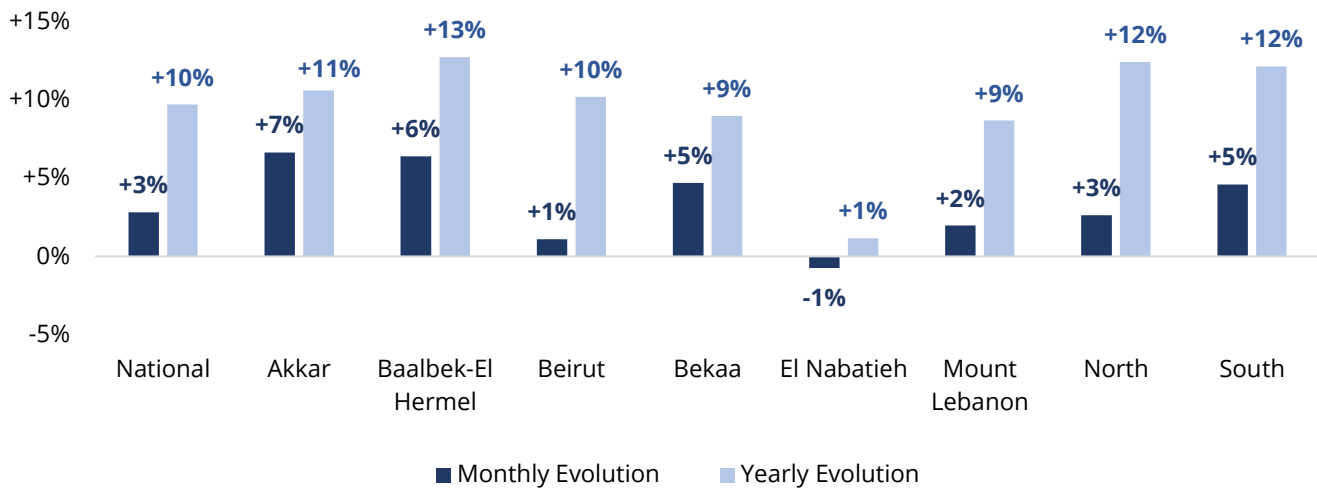
↑	Akkar	+7%	↓	Beirut	+1%
	Baalbek El Hermel	+6%		El Nabatieh	-1%

Notable Trends:

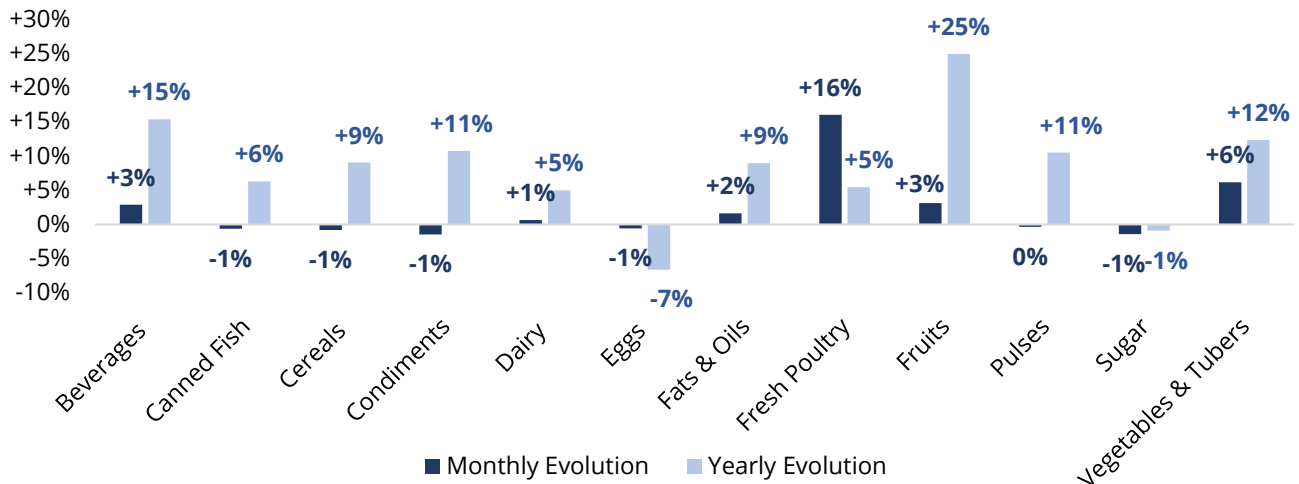
- Each governorate had notable price evolutions in different components:
 - Akkar:** Highest monthly increase in beverages (+5 percent), dairy (+5 percent), eggs (+5 percent), fats and oils (+10 percent), and vegetables and tubers (+19 percent). Highest yearly increase in beverages (+21 percent).
 - Baalbek-El Hermel:** Highest monthly increase in fruits (+40 percent), and second highest increase in vegetables and tubers (+16 percent). Highest yearly increase in dairy (+17 percent) and fresh poultry (+27 percent).
 - Beirut:** Notable 17 percent monthly decrease in fruits, compared to 3 percent monthly increase at national level. Highest yearly increase in vegetables and tubers (+27 percent).
 - Bekaa:** Notable 27 percent monthly increase in fresh poultry and 10 percent monthly increase in fruits.
 - El Nabatieh:** Notable 8 percent monthly decrease in cereals; 20 percent monthly decrease in eggs and 13 percent monthly decrease in sugar.
 - Mount Lebanon:** Lowest monthly increase in vegetables and tubers (+5 percent) alongside North governorate.
 - North:** Notable 21 percent monthly increase in fresh poultry and lowest monthly increase in vegetables and tubers (+5 percent) alongside Mount Lebanon governorate.
 - South:** Highest monthly increase in fresh poultry (+35 percent).

Monthly and yearly price evolution by governorate and component

MFPI Monthly & Yearly Price Evolution By Governorate

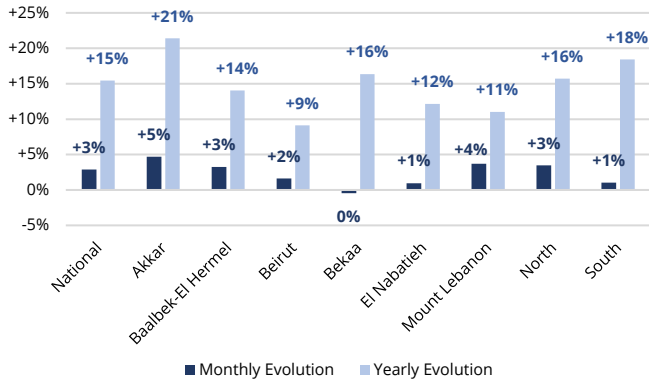


MFPI Monthly & Yearly Price Evolution By Component - National

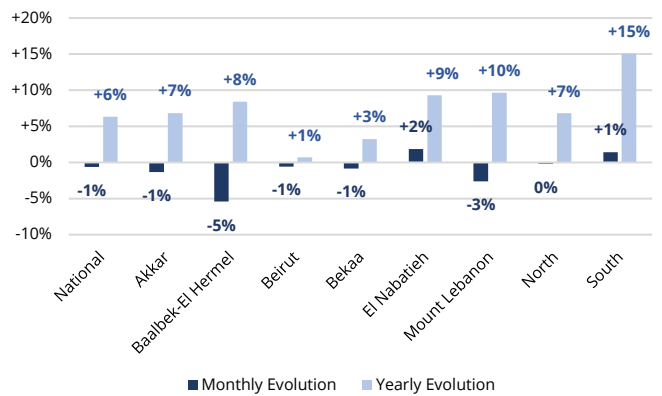


PRICE BULLETIN - DECEMBER 2024

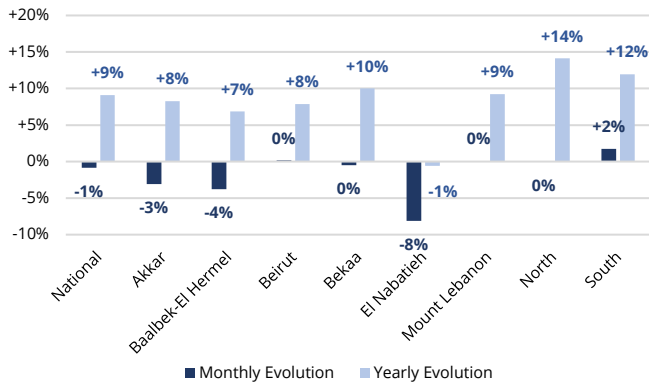
Beverages - Monthly & Yearly Price Evolution By Governorate



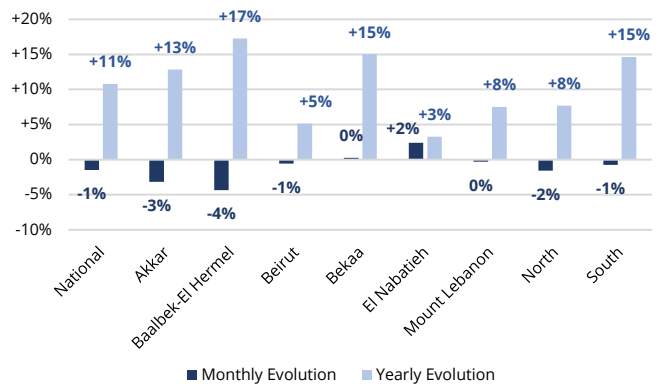
Canned Fish - Monthly & Yearly Price Evolution By Governorate



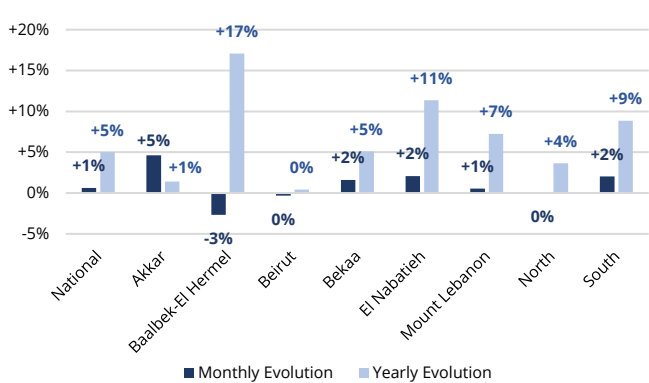
Cereals - Monthly & Yearly Price Evolution By Governorate



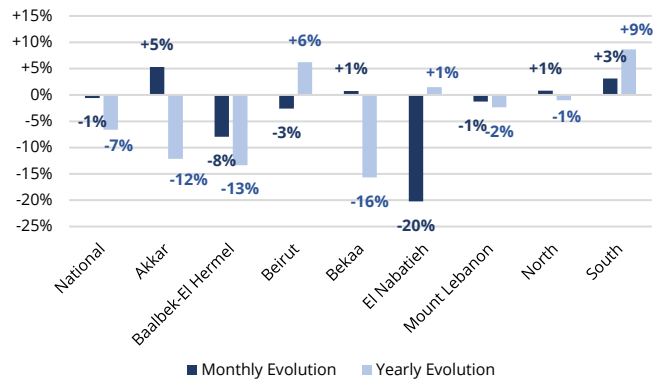
Condiments - Monthly & Yearly Price Evolution By Governorate



Dairy - Monthly & Yearly Price Evolution By Governorate

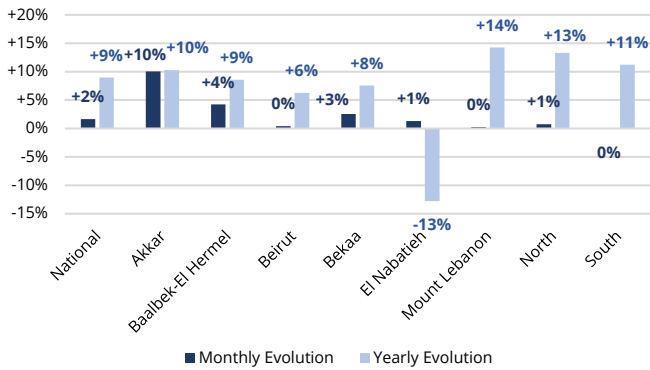


Eggs - Monthly & Yearly Price Evolution By Governorate

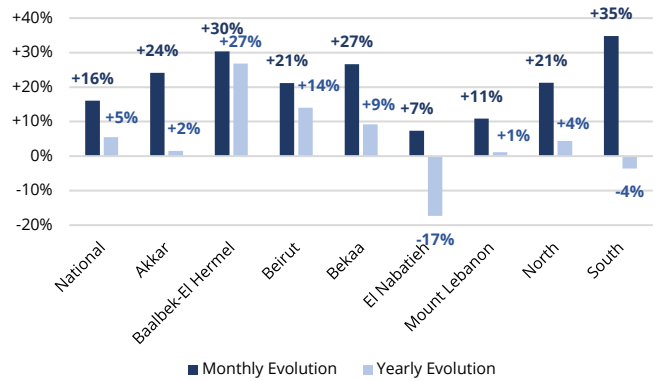


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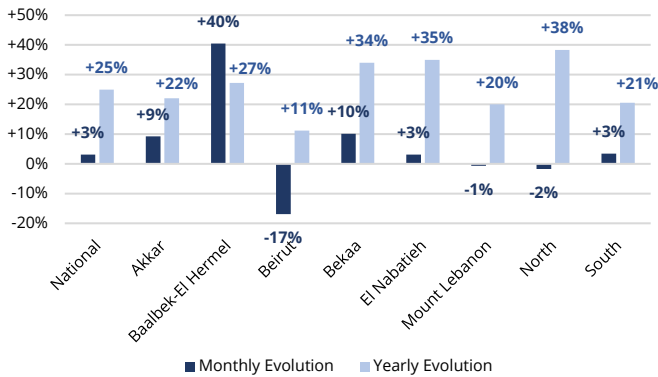
Fats & Oils - Monthly & Yearly Price Evolution By Governorate



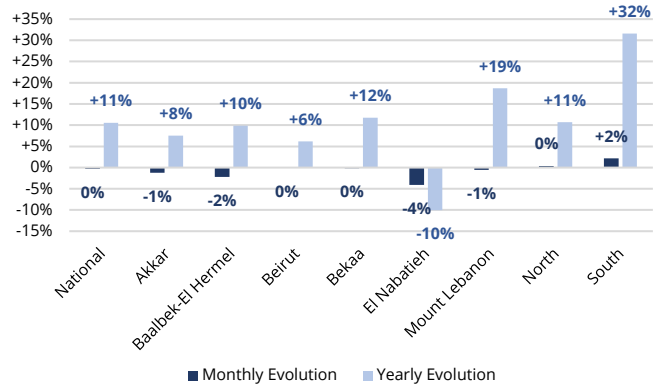
Fresh Poultry - Monthly & Yearly Price Evolution By Governorate



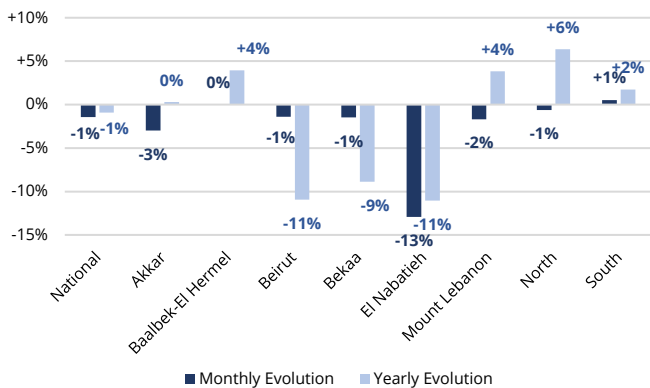
Fruits - Monthly & Yearly Price Evolution By Governorate



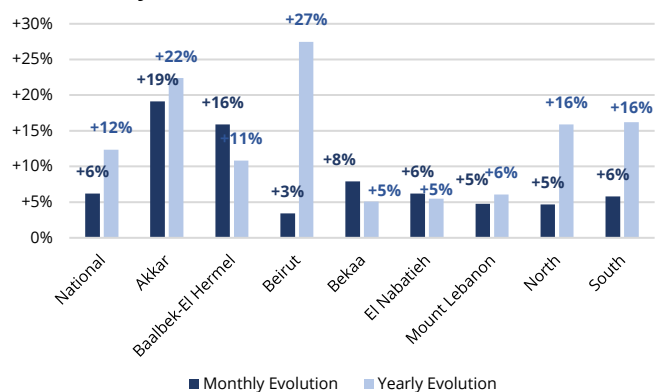
Pulses - Monthly & Yearly Price Evolution By Governorate



Sugar - Monthly & Yearly Price Evolution By Governorate



Vegetables & Tubers - Monthly & Yearly Price Evolution By Governorate



PRICE BULLETIN - DECEMBER 2024

ANNEX

PRICE PER ITEM – DECEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
BEVERAGES	Arabic Coffee	180 g	\$3.15	\$2.57	\$1.48	\$2.46	\$2.58	\$2.63	\$2.59	Data not available	\$2.6	\$2.59	\$2.53
	Drinking Water	2 liters	\$0.55	\$0.37	\$0.28	\$0.35	\$0.37	\$0.36	\$0.37	Data not available	\$0.34	\$0.38	\$0.43
	Nescafe 3 in 1	One stick	\$0.33	\$0.22	\$0.15	\$0.25	\$0.24	\$0.18	\$0.22	Data not available	\$0.18	\$0.23	\$0.21
	Tea Bags	160 g	\$2.77	\$2.04	\$1.3	\$1.94	\$1.95	\$2.13	\$2.06	\$1.77	\$2.07	\$2.07	\$2.21
	Yerba Mate	250 g	\$1.94	\$1.46	\$1.12	\$1.34	\$1.38	\$1.67	\$1.43	Data not available	\$1.49	\$1.54	\$1.48
CANNED FISH	Sardines (canned)	125 g	\$1.17	\$0.78	\$0.56	\$0.66	\$0.72	\$0.76	\$0.77	\$0.84	\$0.79	\$0.78	\$0.82
	Tuna (canned)	185 g	\$2.07	\$1.59	\$1.03	\$1.53	\$1.49	\$1.78	\$1.54	Data not available	\$1.61	\$1.56	\$1.76
CEREALS	Arabic Bread	800 g	\$0.89	\$0.77	\$0.56	\$0.73	\$0.81	\$0.86	\$0.78	\$0.83	\$0.76	\$0.71	\$0.78
	Brown Bulgur	900 g	\$1.52	\$1.04	\$0.72	\$0.96	\$1.03	\$1.04	\$1.03	\$1.14	\$1.11	\$1	\$1.07
	Egyptian Rice	900 g	\$1.4	\$1.02	\$0.8	\$0.93	\$0.99	\$1.01	\$1.01	\$1.09	\$1.04	\$1.01	\$1.17
	Noodles	70 g	\$1	\$0.46	\$0.23	\$0.42	\$0.43	\$0.46	\$0.5	Data not available	\$0.41	\$0.54	\$0.39
	Pasta	500 g	\$1.68	\$0.95	\$0.38	\$0.75	\$0.88	\$1.17	\$0.97	\$0.82	\$1.01	\$0.93	\$1.06
	Sweet Corn	340 g	\$1.69	\$1.12	\$0.58	\$0.76	\$1.1	\$1.27	\$1.03	Data not available	\$1.31	\$1.15	\$1.3
	Wheat Flour	900 g	\$1.5	\$0.86	\$0.54	\$0.68	\$0.82	\$0.79	\$0.8	Data not available	\$0.93	\$0.92	\$0.85
CONDIMENTS	Bouillon Cubes (chicken or meat)	20 g	\$0.42	\$0.2	\$0.12	\$0.21	\$0.24	\$0.17	\$0.2	Data not available	\$0.18	\$0.19	\$0.23
	Pomegranate Molasse	270 g	\$2.14	\$1.64	\$1.1	\$1.53	\$1.65	\$1.54	\$1.7	Data not available	\$1.64	\$1.67	\$1.62
	Salt	700 g	\$0.99	\$0.3	\$0.13	\$0.24	\$0.31	\$0.35	\$0.31	\$0.31	\$0.3	\$0.33	\$0.24
	Thyme (dry)	400 g	\$4.45	\$1.59	\$0.85	\$1.41	\$1.55	\$3.38	\$1.63	Data not available	\$1.6	\$1.5	\$1.26

PRICE BULLETIN - DECEMBER 2024

PRICE PER ITEM – NOVEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
CONDIMENTS	Tomato Ketchup	340 g	\$1.15	\$0.8	\$0.65	\$0.8	\$0.82	\$0.8	\$0.8	Data not available	\$0.82	\$0.77	\$0.79
	Tomato Paste	660 g	\$2.85	\$1.76	\$0.94	\$1.68	\$1.73	\$1.72	\$1.74	\$1.57	\$1.81	\$1.79	\$1.76
	White Vinegar	950 ml	\$1.28	\$0.78	\$0.4	\$0.66	\$0.79	\$0.71	\$0.82	Data not available	\$0.78	\$0.83	\$0.83
DAIRY	Cheese Triangles	108 g	\$1.49	\$1	\$0.48	\$0.78	\$1.05	\$0.89	\$1.21	Data not available	\$0.9	\$1.17	\$1
	Laban	1,000 g	\$2.48	\$1.67	\$0.89	\$1.23	\$1.4	\$1.71	\$1.78	\$1.78	\$1.73	\$1.73	\$1.97
	Labneh	450 g	\$3.49	\$2.47	\$1.01	\$1.85	\$2.22	\$2.6	\$2.57	Data not available	\$2.53	\$2.6	\$2.86
	Milk Powder (Full Fat)	750 g	\$8.92	\$5.91	\$4.44	\$5.59	\$6.06	\$5.98	\$6.14	\$5.76	\$6	\$5.83	\$5.47
	Processed Cheese	120 g	\$1.48	\$0.91	\$0.52	\$0.95	\$0.89	\$0.94	Data not available	Data not available	\$0.96	\$0.9	\$0.78
EGGS	Eggs	30 eggs	\$5.1	\$3.84	\$2.89	\$3.46	\$3.35	\$4.78	\$3.36	\$4.44	\$3.95	\$4.1	\$4.5
FATS & OILS	Butter	200 g	\$2.99	\$2.19	\$0.42	\$1.52	\$2.09	\$2.48	\$2.29	Data not available	\$2.27	\$2.08	\$2.51
	Olive Oil	500 ml	\$6.73	\$3.86	\$1.46	\$3.49	\$2.47	\$5.79	\$3.6	Data not available	\$4.12	\$4.85	\$2.79
	Sunflower Oil	5,000 ml	\$16.25	\$9.07	\$6.13	\$8.44	\$9.17	\$9.48	\$8.82	\$9.17	\$8.96	\$9.28	\$9.77
	Tahini Sauce	800 ml	\$6.4	\$4.33	\$2.3	\$3.71	\$3.97	\$5.31	\$4.59	\$4.23	\$4.93	\$3.99	\$4.29
	Vegetable Ghee	700 ml	\$4.27	\$2.32	\$1.23	\$2.19	\$2.38	\$2.91	\$2.1	Data not available	\$2.44	\$2.35	\$2.18
FRESH POULTRY	Chicken (Whole)	1,000 g	\$4.82	\$3.62	\$1.9	\$4.23	\$3.56	\$4.52	\$3.83	\$2.23	\$3.45	\$3.9	Data not available
	Chicken Breast	1,000 g	\$11	\$8.13	\$6.24	\$6.86	\$8.25	\$8.6	\$8.36	\$8.97	\$8.02	\$8.11	\$7.9
	Chicken Legs	1,000 g	\$3.79	\$2.76	\$1.99	\$2.71	\$2.59	\$2.82	\$2.58	\$2.09	\$3.01	\$2.43	\$2.76

PRICE BULLETIN - DECEMBER 2024

PRICE PER ITEM – DECEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
FRUITS	Apple (red or yellow)	1,000 g	\$2.5	\$1.33	\$0.83	\$1.28	\$1.54	\$1.58	\$1.36	Data not available	\$1.2	\$1.8	\$1.59
	Banana	1,000 g	\$1.1	\$0.65	\$0.39	\$0.51	\$0.56	\$0.74	\$0.5	Data not available	\$0.78	\$0.5	\$0.46
	Clementine	1,000 g	\$1.39	\$0.78	\$0.38	\$0.49	\$0.72	\$1	\$0.79	Data not available	\$0.86	\$0.63	\$0.74
	Grapes	1,000 g	\$4	\$2.13	\$1.1	\$1.21	\$2.46	\$2	\$2.7	Data not available	\$1.95	\$2.93	Data not available
	Lemon	1,000 g	\$1.35	\$0.78	\$0.45	\$0.58	\$0.66	\$0.99	\$0.64	Data not available	\$0.9	\$0.67	\$0.83
	Orange	1,000 g	\$1.11	\$0.72	\$0.38	\$0.57	\$0.73	\$0.81	\$0.64	Data not available	\$0.75	\$0.67	\$0.94
LUNCHEON MEAT	Beef Luncheon	200 g	\$2.44	\$1.16	\$0.51	\$1.29	\$0.75	\$1.52	\$1.16	Data not available	\$1.04	\$1.29	\$1.36
	Chicken Luncheon	200 g	\$2.22	\$0.9	\$0.59	\$0.76	\$0.82	\$1.15	\$0.74	Data not available	\$1.12	\$0.82	\$0.97
PULSES	Chickpeas	900 g	\$3.29	\$2.02	\$1.12	\$1.75	\$1.71	\$1.95	\$2.03	\$2.05	\$2.16	\$2.1	\$2.4
	Fava Beans (canned)	400 g	\$0.99	\$0.66	\$0.46	\$0.55	\$0.65	\$0.74	\$0.68	Data not available	\$0.7	\$0.67	\$0.67
	Green Peas (canned)	400 g	\$2.43	\$1.18	\$0.5	\$0.78	\$0.88	\$1.7	\$1.11	Data not available	\$1.31	\$1.19	\$1.3
	Hummus Tahini (canned)	400 g	\$1.19	\$0.77	\$0.55	\$0.61	\$0.77	\$0.89	\$0.8	Data not available	\$0.86	\$0.78	\$0.75
	Lentils	900 g	\$2.71	\$1.81	\$1.04	\$1.66	\$1.72	\$1.7	\$1.58	\$1.61	\$1.97	\$1.88	\$2.12
	White Beans	900 g	\$2.97	\$2.01	\$1.15	\$1.82	\$1.8	\$2.13	\$2.05	\$2.19	\$2.09	\$2.01	\$2.35
SUGAR	White Sugar	5,000 g	\$7.22	\$5.16	\$3.8	\$4.74	\$5.09	\$5.15	\$4.83	\$4.92	\$5.58	\$5.21	\$5.37

PRICE BULLETIN - DECEMBER 2024

PRICE PER ITEM – DECEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
VEGETABLES & TUBERS	Cabbage	1,000 g	\$0.83	\$0.51	\$0.22	\$0.49	\$0.45	\$0.53	\$0.34	Data not available	\$0.59	\$0.39	\$0.35
	Carrots	1,000 g	\$1.3	\$0.72	\$0.39	\$0.63	\$0.63	\$1.14	\$0.62	Data not available	\$0.7	\$0.84	\$0.66
	Cauliflower	1,000 g	\$1.2	\$0.69	\$0.37	\$0.48	\$0.57	\$0.96	\$0.5	Data not available	\$0.75	\$0.65	\$0.66
	Cucumber	1,000 g	\$1.5	\$1.06	\$0.64	\$1.15	\$0.81	\$1.25	\$1.02	Data not available	\$1.07	\$1.28	\$1.14
	Eggplant	1,000 g	\$1.5	\$0.9	\$0.4	\$0.69	\$0.71	\$1.2	\$0.91	Data not available	\$0.94	\$1.03	\$0.9
	Garlic	300 g	\$2.51	\$1.08	\$0.83	\$0.94	\$1.22	Data not available	\$1.06	Data not available	\$1.05	\$1.09	\$1.55
	Green Bean (Fresh)	1,000 g	\$4.96	\$2.82	\$1.45	\$3.11	\$3.2	Data not available	\$3.74	Data not available	\$2.37	\$3.41	\$2.67
	Lettuce	750 g	\$1.1	\$0.7	\$0.35	\$0.53	\$0.5	\$0.98	\$0.52	Data not available	\$0.79	\$0.7	\$0.53
	Onion	1,000 g	\$0.95	\$0.73	\$0.47	\$0.69	\$0.61	\$0.76	\$0.6	Data not available	\$0.79	\$0.73	\$0.81
	Parsley	300 g	\$0.45	\$0.23	\$0.13	\$0.25	\$0.23	\$0.37	\$0.22	Data not available	\$0.2	\$0.29	\$0.25
	Potato	300 g	\$0.83	\$0.64	\$0.48	\$0.6	\$0.62	\$0.69	\$0.61	Data not available	\$0.65	\$0.63	\$0.77
	Purslane	300 g	\$0.55	\$0.34	\$0.22	\$0.27	\$0.26	\$0.46	\$0.3	Data not available	\$0.4	\$0.37	\$0.25
	Tomato	1,000 g	\$1.35	\$0.96	\$0.45	\$0.98	\$0.93	Data not available	\$0.98	Data not available	\$0.93	\$1.12	\$1.05
Zucchini	1,000 g	\$2.25	\$1.49	\$0.65	\$1.75	\$1.35	\$1.6	\$1.41	Data not available	\$1.43	\$1.8	\$1.61	
NON-FOOD ITEMS	Baby Diapers	40 diapers	\$10.37	\$5.88	\$2.85	\$5.03	\$5.58	\$7.11	\$5.72	\$5.83	\$6.38	\$5.81	\$6.51
	Bleach	1,000 ml	\$1.88	\$1.01	\$0.56	\$0.91	\$1.02	\$1.13	\$0.96	\$1.05	\$0.98	\$1.04	\$1.15
	Dishwashing Liquid	700 ml	\$3.24	\$1.54	\$0.66	\$1.22	\$1.12	\$1.88	\$1.54	\$1.21	\$1.61	\$1.62	\$1.66
	Laundry Washing Powder	4,000 g	\$12.99	\$9.17	\$5.5	\$8.91	\$8.31	\$9.92	\$9.47	\$9.82	\$9.28	\$9.38	\$8.7
	Sanitary Napkins	20 napkins pack	\$3.96	\$2.34	\$1.27	\$2.25	\$2.52	\$2.49	\$2.35	\$2.18	\$2.23	\$2.35	\$2.62
	Shampoo	400 ml	\$4.4	\$3.08	\$1.52	\$3.04	\$2.98	\$2.89	\$3.33	\$2.84	\$3.09	\$2.99	\$3.31
	Soap	One soap bar (125 g)	\$1.35	\$0.81	\$0.19	\$0.7	\$0.8	\$0.82	\$0.9	\$0.78	\$0.82	\$0.77	\$0.89
	Toilet Rolls	32 rolls	\$11.5	\$6.45	\$3.08	\$5.7	\$5.15	\$6.66	\$6.88	\$6.18	\$6.89	\$6.22	\$7.4
	Toothbrush	One toothbrush	\$2.49	\$0.96	\$0.37	\$0.8	\$0.81	\$1.13	\$0.86	\$1.72	\$1.12	\$0.95	\$0.88
	Toothpaste	125 ml	\$2.55	\$1.34	\$0.77	\$1.27	\$1.39	\$1.29	\$1.4	\$1.55	\$1.27	\$1.4	\$1.39