

# Lebanon Monthly Price Monitor

**Tracking prices for the most essential goods  
available on the Lebanese market**



**World Food  
Programme**



**REPUBLIC OF LEBANON**  
MINISTRY OF ECONOMY & TRADE

**August 2024**

## ABOUT THIS REPORT

This report is the result of a joint project between the Ministry of Economy and Trade (MoET) and the World Food Programme (WFP). The project aims to implement a market price information system and economic analysis in Lebanon, with the goal of enhancing the Ministry's capacity to monitor prices in the current context of economic volatility and insecurity.

The report is composed of three main sections:

- A high-level view of the latest price trends through the lens of the **Market Food Price Index (MFPI)**
- An **in-depth analysis** per food category and governorate
- An **annex table** displaying the latest prices nationally and per governorate

This report was based on price monitoring data of 73 food and non-food items from a representative sample of around 1,000 shops located across the eight governorates.

Data is collected weekly and stored on a price monitoring system hosted by WFP.

# MARKET FOOD PRICE INDEX (MFPI)

## Key highlights

The MFPI reached **130.6** in August 2024, driven since January 2023 by an index evolution in **vegetables and tubers** (168.5), **fruits** (215.6), **fresh poultry** (149.2) and **cereals** (118.9).

The price index has increased by **2.5 percent** between July 2024 and August 2024, largely driven by a 6.1 percent increase in **vegetables and tubers**, a 5.8 percent increase in **fresh poultry**, and a 13.5 percent increase in **eggs**.

The highest MFPI was observed in **Beirut** (136.5) and **North Lebanon** (136.4).


Index Components	Price Index (Aug-24)	Monthly Trend	Yearly Trend
Beverages	121.5	+1.4%	+10.2%
Canned Fish	107.7	+1.4%	+6.4%
Cereals	118.9	+0.9%	+13.8%
Condiments	127.4	+0.6%	+16.7%
Dairy	110.9	+0.3%	+10.3%
Eggs	99.8	+13.5%	+4.8%
Fats & Oils	108.7	+0.9%	+10.5%
Fresh Poultry	149.2	+5.8%	+46.5%
Fruits	215.6	+2.5%	+4.6%
Pulses	131.2	+0.4%	+17.7%
Sugar	110.1	-1.0%	-1.6%
Vegetables & Tubers	168.5	+6.1%	+19.0%
<b>MFPI</b>	<b>130.6</b>	<b>+2.5%</b>	<b>+15.3%</b>

Base 100 = Jan 23

### Notable Yearly Price Evolution

#### Governorate MFPI

- North (+18.6%)
- Akkar and Baalbek el Hermel (+14.5%)

 **Fresh Poultry** (+46%)

 **Vegetables & tubers** (+19%)

### KEY DRIVERS


The **conflict along the Southern border** negatively affected local agriculture and poultry production, causing prices of poultry and vegetables to increase at a greater pace than that of other commodities.

### Notable Monthly Price Evolution

#### Governorate MFPI

- North (+5.5%)
- Baalbek el Hermel (+3.5%)

 **Eggs** (+13.5%)

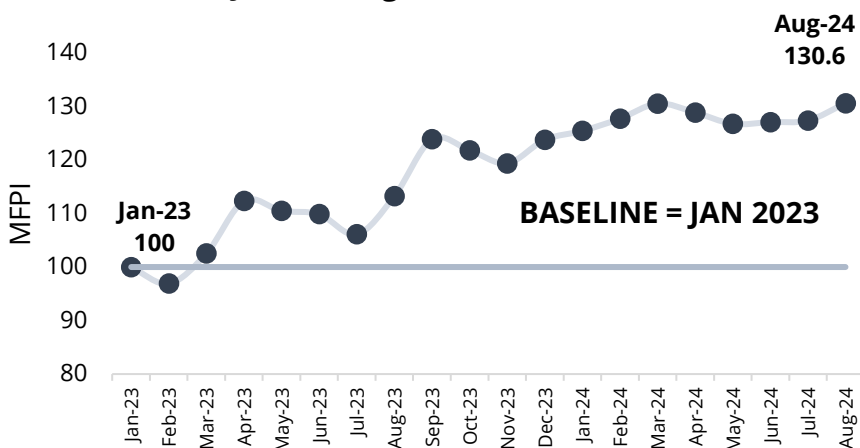
 **Vegetables & tubers** (+6.1%)

 **Fresh poultry** (+5.8%)

**Damages to poultry production** in the south are pushing poultry and egg prices upwards.

Prices of **vegetables & tubers** are similarly adjusting after consecutive drops in prices since March 2024.

## MFPI Evolution (Jan 23 - Aug 24)



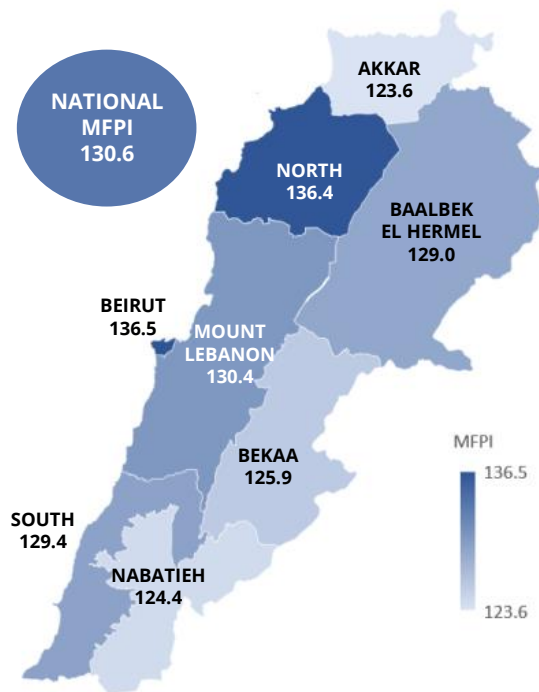
The **Market Food Price Index (MFPI)** is a measure of the average change over time in the prices in US dollars paid by consumers for 63 essential food items. It is calculated as the weighted average of price changes for each of its components. The base month of the index is January 2023.

## ANALYSIS

### Overview

Higher costs of living, transportation, and distribution, as well as larger urban areas leading to higher demand, led to a more notable trend in Beirut and North Lebanon between January 2023 and August 2024, while better access to locally produced foods kept indexes lower in Nabatieh and Akkar.

Market Food Price Index by Governorate (August 2024)  
Base = January 2023



#### Highest and Lowest Governorates Scores

↑	Beirut	136.5	↓	Nabatieh	124.4
	North	136.4		Akkar	123.6

#### Highest and Lowest Components Scores

↑	Fruits	215.6	↓	Canned Fish	107.7
	Vegetables & Tubers	168.5		Eggs	99.8

#### Year over Year Evolution

↑	North	+18.6%	↓	Beirut	+12.4%
	Akkar and Baalbek El Hermel	+14.5%		Nabatieh	+9.5%

#### Month over Month Evolution

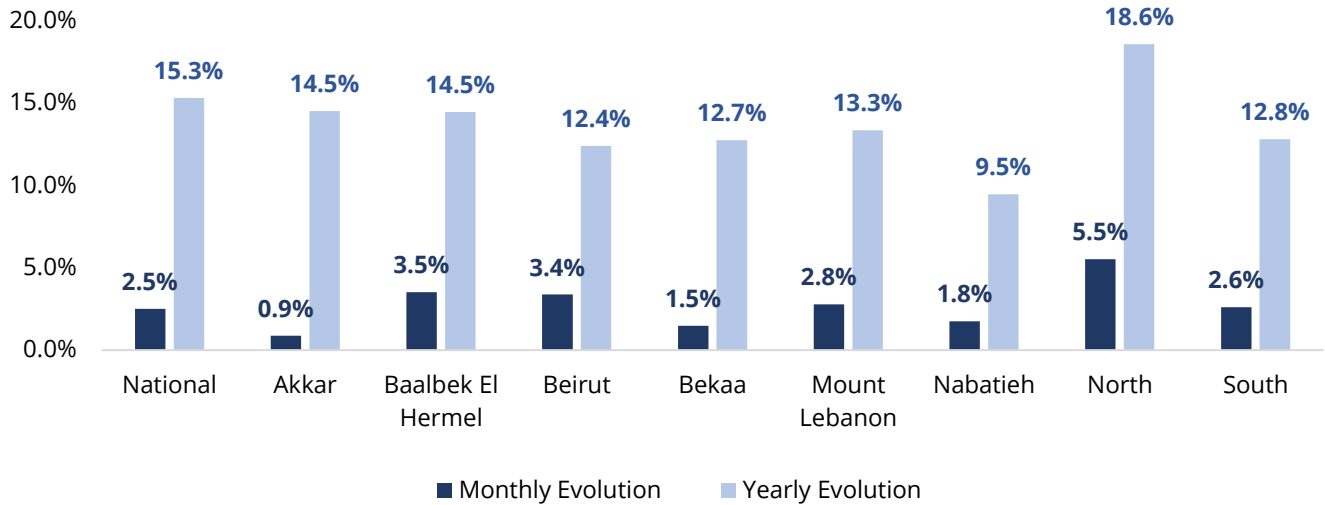
↑	North	+5.5%	↓	Bekaa	+1.5%
	Baalbek El Hermel	+3.5%		Akkar	+0.9%

#### Notable Trends:

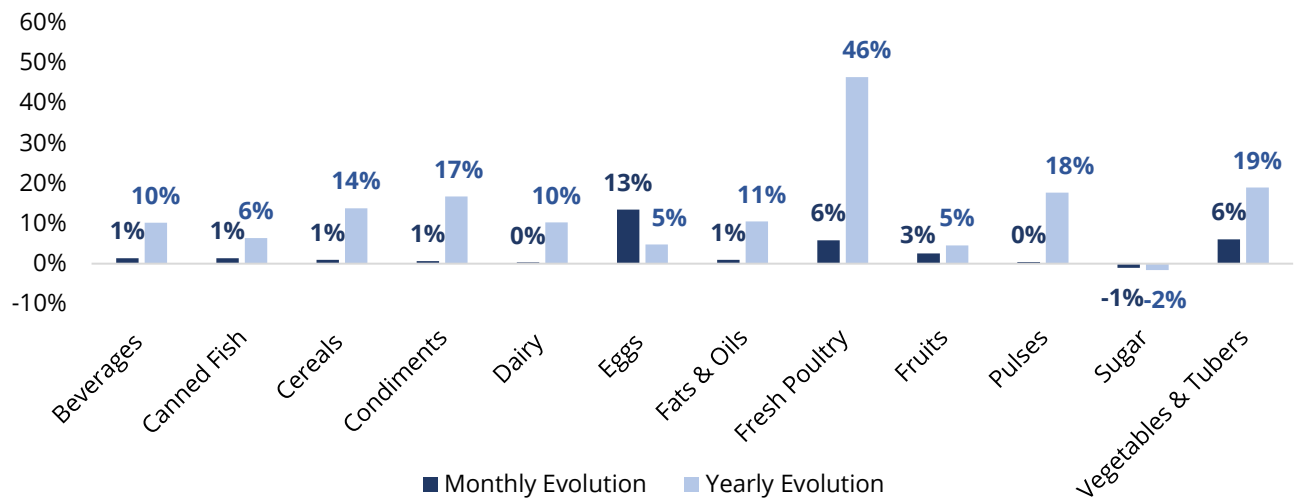
- Each governorate had notable price evolutions in different components:
  - **Akkar:** Highest yearly evolution in canned fish (+14 percent) and eggs (+19 percent). Notable 16 percent monthly drop in fresh poultry compared to a 6 percent monthly increase nationally.
  - **Baalbek El Hermel:** Highest yearly increase in beverages (+18 percent)
  - **Beirut:** Highest yearly increase in condiments (+34 percent), fats and oils (+12 percent) and vegetables and tubers (+29 percent).
  - **Bekaa:** Highest yearly increase in pulses (+20 percent),
  - **Mount Lebanon:** Highest monthly increase in fresh poultry (+11 percent)
  - **Nabatieh:** Highest yearly increase in dairy (+16 percent) and highest monthly increase in the price index of eggs (+31 percent). Greatest monthly (-7 percent) and yearly (-16 percent) drop in prices of sugar.
  - **North:** Highest yearly increase in the price indexes of cereals (+21 percent) and fruits (+32 percent). Highest monthly increase in the price index of fats and oils (+4 percent), vegetables and tubers (13 percent), and second-highest monthly increase in fruits (+21 percent).
  - **South:** Highest yearly increase in the price index of fresh poultry (+63 percent), and highest monthly increase in fruits (+24 percent)

## Monthly and yearly price evolution by governorate and component

**MFPI Monthly & Yearly Price Evolution By Governorate**

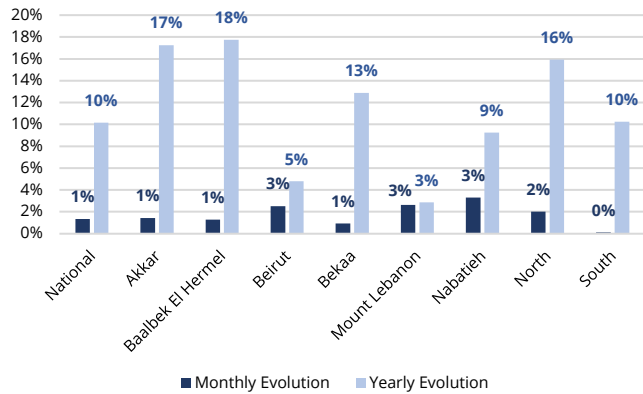


**MFPI Monthly & Yearly Price Evolution By Component - National**

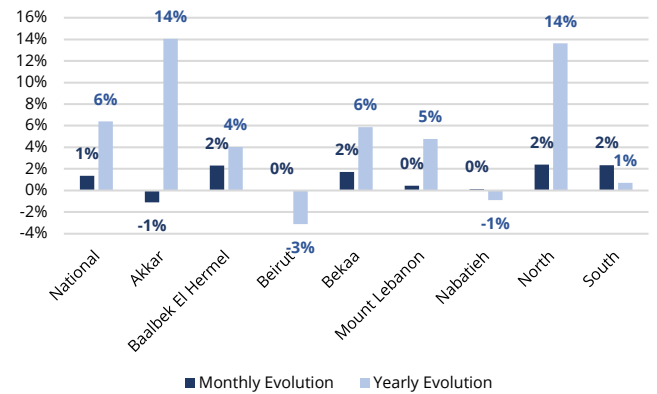


# PRICE MONITOR - AUGUST 2024

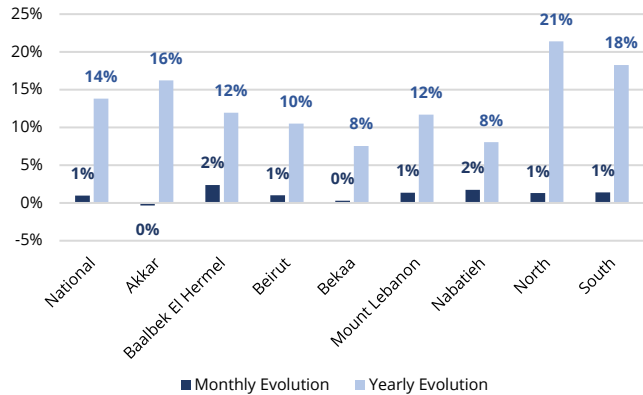
**Beverages - Monthly & Yearly Price Evolution By Governorate**



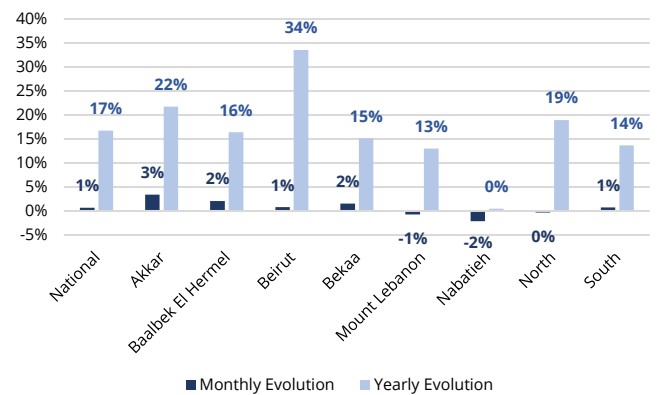
**Canned Fish - Monthly & Yearly Price Evolution By Governorate**



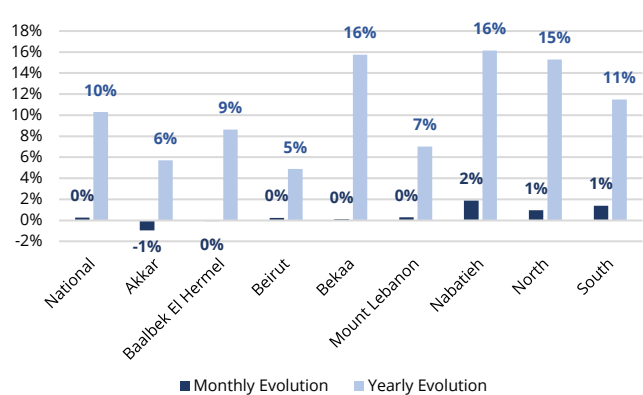
**Cereals - Monthly & Yearly Price Evolution By Governorate**



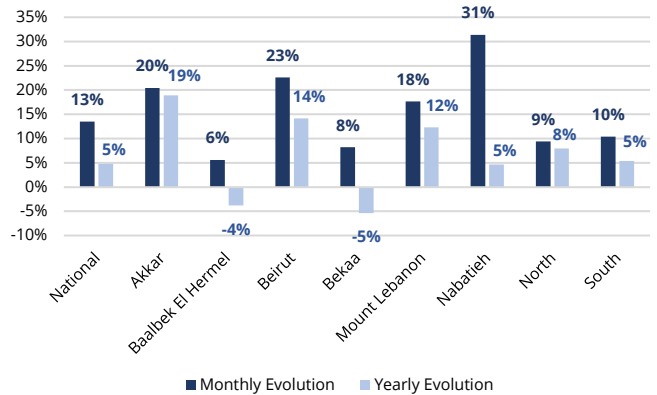
**Condiments - Monthly & Yearly Price Evolution By Governorate**



**Dairy - Monthly & Yearly Price Evolution By Governorate**

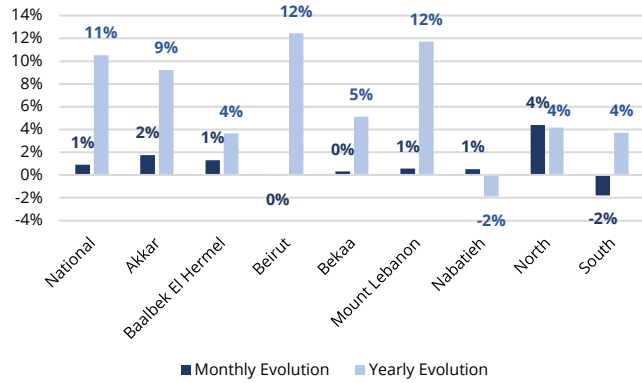


**Eggs - Monthly & Yearly Price Evolution By Governorate**

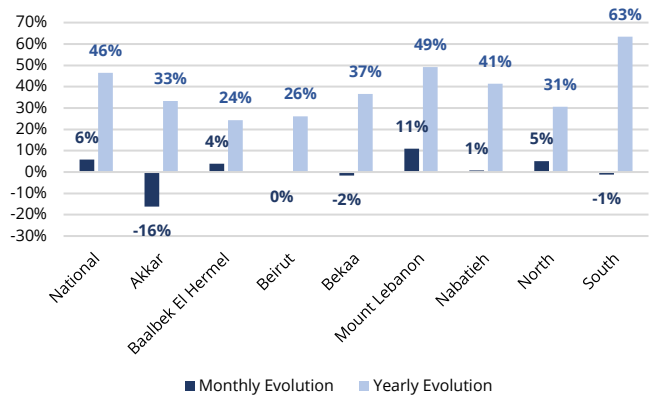


# PRICE MONITOR - AUGUST 2024

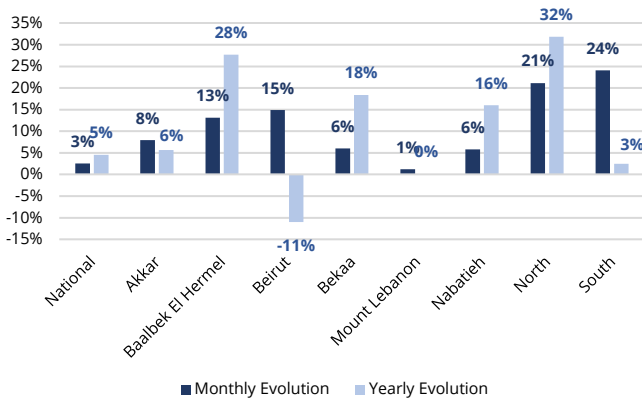
### Fats & Oils - Monthly & Yearly Price Evolution By Governorate



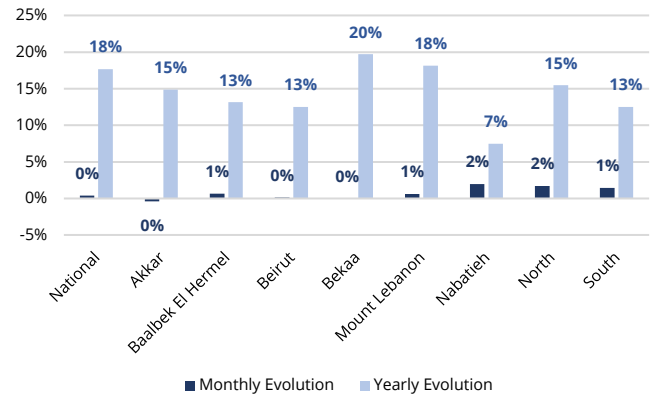
### Fresh Poultry - Monthly & Yearly Price Evolution By Governorate



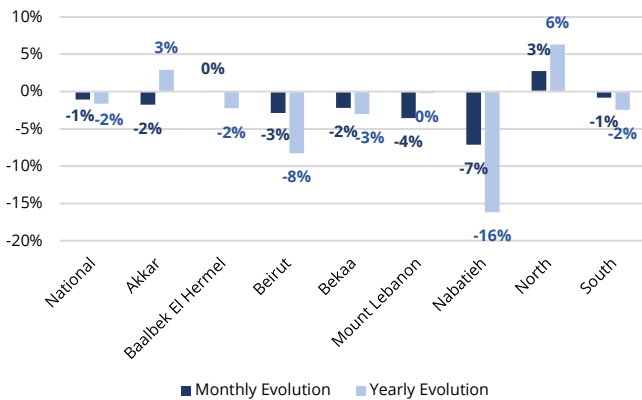
### Fruits - Monthly & Yearly Price Evolution By Governorate



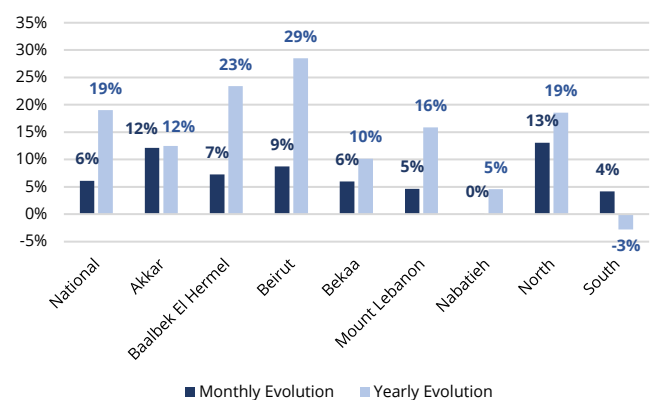
### Pulses - Monthly & Yearly Price Evolution By Governorate



### Sugar - Monthly & Yearly Price Evolution By Governorate



### Vegetables & Tubers - Monthly & Yearly Price Evolution By Governorate



## PRICE MONITOR - AUGUST 2024

### ANNEX

#### PRICE PER ITEM – AUGUST 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
BEVERAGES	Arabic Coffee	180 g	\$3.07	\$2.38	\$1.44	\$2.39	\$2.38	\$2.46	\$2.45	\$2.73	\$2.18	\$2.31	\$2.66
	Drinking Water	2 liters	\$0.55	\$0.36	\$0.28	\$0.36	\$0.39	\$0.36	\$0.35	\$0.4	\$0.34	\$0.38	\$0.37
	Nescafe 3 in 1	One stick	\$0.24	\$0.2	\$0.15	\$0.19	\$0.21	\$0.18	\$0.22	\$0.19	\$0.18	\$0.2	\$0.19
	Tea Bags	160 g	\$2.79	\$2	\$1.3	\$1.92	\$1.89	\$2.12	\$2.02	\$2.17	\$2.08	\$2.01	\$1.97
	Yerba Mate	250 g	\$1.83	\$1.44	\$1.11	\$1.37	\$1.35	\$1.67	\$1.38	\$1.29	\$1.48	\$1.51	\$1.52
CANNED FISH	Sardines (canned)	125 g	\$1.12	\$0.76	\$0.53	\$0.65	\$0.72	\$0.75	\$0.8	\$0.74	\$0.77	\$0.75	\$0.72
	Tuna (canned)	185 g	\$2.06	\$1.54	\$1.02	\$1.46	\$1.36	\$1.75	\$1.49	\$1.45	\$1.6	\$1.56	\$1.64
CEREALS	Arabic Bread	800 g	\$0.77	\$0.66	\$0.53	\$0.68	\$0.69	\$0.66	\$0.68	\$0.71	\$0.64	\$0.61	\$0.67
	Brown Bulgur	900 g	\$1.62	\$1.04	\$0.71	\$0.92	\$1.13	\$1.05	\$0.98	\$0.99	\$1.11	\$1.04	\$1.05
	Egyptian Rice	900 g	\$1.39	\$0.94	\$0.77	\$0.88	\$0.88	\$0.96	\$0.92	\$0.92	\$0.99	\$0.94	\$0.92
	Noodles	70 g	\$0.92	\$0.46	\$0.23	\$0.39	\$0.47	\$0.46	\$0.48	\$0.47	\$0.42	\$0.51	\$0.47
	Pasta	500 g	\$1.59	\$0.94	\$0.41	\$0.72	\$0.85	\$1.17	\$0.94	\$0.88	\$0.99	\$0.9	\$1.04
	Sweet Corn	340 g	\$1.68	\$1.07	\$0.57	\$0.79	\$0.98	\$1.27	\$0.96	\$1.11	\$1.29	\$1.05	\$1.19
	Wheat Flour	900 g	\$1.4	\$0.85	\$0.55	\$0.7	\$0.83	\$0.78	\$0.76	\$0.68	\$0.91	\$0.92	\$0.92
CONDIMENTS	Bouillon Cubes (chicken or meat)	20 g	\$0.34	\$0.19	\$0.12	\$0.21	\$0.21	\$0.17	\$0.19	\$0.18	\$0.18	\$0.19	\$0.2
	Pomegranate Molasse	270 g	\$2.07	\$1.63	\$1.02	\$1.59	\$1.56	\$1.54	\$1.66	\$1.68	\$1.64	\$1.68	\$1.69
	Salt	700 g	\$1.01	\$0.28	\$0.13	\$0.23	\$0.26	\$0.35	\$0.26	\$0.19	\$0.31	\$0.33	\$0.22
	Thyme (dry)	400 g	\$4.45	\$1.53	\$0.8	\$1.36	\$1.49	\$3.38	\$1.61	\$1.12	\$1.55	\$1.39	\$1.17



## PRICE MONITOR - AUGUST 2024

### PRICE PER ITEM – AUGUST 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
CONDIMENTS	Tomato Ketchup	340 g	\$1.12	\$0.77	\$0.65	\$0.76	\$0.77	\$0.8	\$0.77	\$0.73	\$0.8	\$0.76	\$0.77
	Tomato Paste	660 g	\$2.84	\$1.62	\$0.84	\$1.44	\$1.55	\$1.52	\$1.49	\$1.65	\$1.7	\$1.67	\$1.83
DAIRY	Cheese Triangles	108 g	\$1.42	\$0.96	\$0.48	\$0.83	\$0.96	\$0.9	\$1.15	\$1.02	\$0.89	\$1.15	\$0.85
	Laban	1,000 g	\$2.2	\$1.62	\$0.81	\$1.24	\$1.4	\$1.71	\$1.77	\$1.56	\$1.68	\$1.71	\$1.79
	Labneh	450 g	\$3.15	\$2.38	\$1.1	\$1.69	\$2.06	\$2.59	\$2.62	\$2.41	\$2.5	\$2.53	\$2.73
	Milk Powder (Full Fat)	750 g	\$8.33	\$5.88	\$4.16	\$5.2	\$5.88	\$6.43	\$6.02	\$5.83	\$5.95	\$5.93	\$5.47
	Processed Cheese	120 g	\$1.48	\$0.88	\$0.49	\$0.92	\$0.66	\$0.94	Data not available	\$1.03	\$0.94	\$0.84	\$0.95
EGGS	Eggs	30 eggs	\$4.99	\$3.65	\$2.55	\$3.62	\$3.13	\$4.49	\$3.32	\$3.92	\$3.87	\$3.67	\$3.97
FATS & OILS	Butter	200 g	\$2.78	\$2.05	\$0.37	\$1.25	\$1.96	\$2.47	\$2.22	\$2.05	\$2.26	\$1.85	\$2.19
	Olive Oil	500 ml	\$6.85	\$3.75	\$1.51	\$3.55	\$2.26	\$5.77	\$3.38	\$2.09	\$3.98	\$4.7	\$2.57
	Sunflower Oil	5,000 ml	\$9.95	\$7.31	\$5.55	\$6.59	\$6.91	\$7.7	\$7.16	\$6.94	\$7.69	\$7.57	\$7.22
	Tahini Sauce	800 ml	\$6.2	\$4.41	\$2.53	\$3.79	\$4.25	\$5.29	\$4.55	\$4.7	\$4.9	\$3.96	\$4.88
	Vegetable Ghee	700 ml	\$4.15	\$2.3	\$1.23	\$2.02	\$2.3	\$2.9	\$2.09	\$2.04	\$2.45	\$2.36	\$2.4
FRESH POULTRY	Chicken (Whole)	1,000 g	\$4.65	\$3.98	\$2.76	Data not available	\$3.33	\$4.59	\$3.81	Data not available	\$4.01	\$4.13	Data not available
	Chicken Breast	1,000 g	\$12.5	\$9.69	\$6.75	\$7.19	\$7.38	\$8.92	\$8.42	\$9.33	\$10.64	\$8.94	\$10.73
	Chicken Legs	1,000 g	\$4.3	\$2.88	\$1.9	\$2.49	\$2.54	\$2.78	\$2.45	\$2.68	\$3.19	\$2.78	\$3.33

## PRICE MONITOR - AUGUST 2024

### PRICE PER ITEM – AUGUST 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
FRUITS	Apple (red or yellow)	1,000 g	\$2.25	\$1.13	\$0.65	\$0.85	\$1.12	\$1.29	\$1.06	\$0.96	\$1.15	\$1.43	\$0.99
	Banana	1,000 g	\$1.34	\$0.83	\$0.55	\$0.79	\$0.9	\$0.94	\$0.8	\$1.07	\$0.77	\$0.95	\$0.81
	Clementine	1,000 g	\$0.67	\$0.67	\$0.67	\$0.67	Data not available	Data not available	Data not available	Data not available	Data not available	Data not available	Data not available
	Grapes	1,000 g	\$3.34	\$1.62	\$0.78	\$0.97	\$1.11	\$1.54	\$1.53	\$1.14	\$2	\$1.92	\$1.56
	Lemon	1,000 g	\$2.45	\$1.15	\$0.51	\$0.9	\$1.14	\$1.21	\$1.25	\$1.35	\$1.1	\$1.44	\$1.1
	Orange	1,000 g	\$1.23	\$0.75	\$0.45	\$0.67	Data not available	\$0.89	\$0.63	Data not available	\$0.71	\$0.93	\$0.91
LUNCHEON MEAT	Beef Luncheon	200 g	\$2.39	\$1.13	\$0.51	\$1.06	\$0.79	\$1.5	\$1.24	\$1.28	\$0.99	\$1.33	\$1.05
	Chicken Luncheon	200 g	\$2.22	\$0.86	\$0.59	\$0.75	\$0.79	\$1.15	\$0.71	\$0.91	\$1.12	\$0.82	\$0.75
PULSES	Chickpeas	900 g	\$3.23	\$1.96	\$1.08	\$1.61	\$1.77	\$1.95	\$1.93	\$1.76	\$2.15	\$2.02	\$2.31
	Fava Beans (canned)	400 g	\$0.94	\$0.63	\$0.43	\$0.49	\$0.67	\$0.72	\$0.67	\$0.58	\$0.69	\$0.65	\$0.61
	Green Peas (canned)	400 g	\$2.44	\$1.14	\$0.49	\$0.77	\$0.85	\$1.7	\$1.13	\$0.71	\$1.28	\$1.23	\$0.78
	Hummus Tahini (canned)	400 g	\$1.15	\$0.74	\$0.52	\$0.57	\$0.71	\$0.89	\$0.8	\$0.71	\$0.85	\$0.76	\$0.67
	Lentils	900 g	\$2.58	\$1.76	\$0.95	\$1.62	\$1.59	\$1.69	\$1.55	\$1.58	\$1.96	\$1.84	\$1.79
	White Beans	900 g	\$2.85	\$1.95	\$1.12	\$1.74	\$1.81	\$2.13	\$1.96	\$2.19	\$2.08	\$1.92	\$2.02
SUGAR	White Sugar	5,000 g	\$6.65	\$4.88	\$3.7	\$4.43	\$4.84	\$4.92	\$4.83	\$4.36	\$5.13	\$4.88	\$5.06

## PRICE MONITOR - AUGUST 2024

### PRICE PER ITEM – AUGUST 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
VEGETABLES & TUBERS	Cabbage	1,000 g	\$0.88	\$0.51	\$0.26	\$0.45	\$0.53	\$0.63	\$0.37	\$0.49	\$0.55	\$0.49	\$0.4
	Carrots	1,000 g	\$1.48	\$0.79	\$0.49	\$0.81	\$0.67	\$1.09	\$0.8	\$0.91	\$0.75	\$0.88	\$0.7
	Cauliflower	1,000 g	\$1.49	\$0.72	\$0.4	\$0.64	\$0.59	\$0.91	\$0.63	\$0.79	\$0.77	\$0.77	\$0.56
	Cucumber	1,000 g	\$1.26	\$0.78	\$0.37	\$0.54	\$0.67	\$0.98	\$0.65	\$0.72	\$0.9	\$0.86	\$0.64
	Eggplant	1,000 g	\$1.39	\$0.74	\$0.34	\$0.46	\$0.66	\$0.97	\$0.6	\$0.5	\$0.88	\$0.56	\$0.61
	Garlic	300 g	\$2.47	\$1.05	\$0.68	\$0.89	\$1.24	Data not available	\$0.99	\$0.94	\$1.02	\$1.24	\$0.85
	Green Bean (Fresh)	1,000 g	\$2.5	\$1.33	\$0.72	\$1.07	\$1.08	\$1.59	\$0.96	\$0.88	\$1.67	\$1.3	\$0.96
	Lettuce	750 g	\$1.11	\$0.72	\$0.37	\$0.51	\$0.62	\$0.96	\$0.51	\$0.48	\$0.8	\$0.8	\$0.62
	Onion	1,000 g	\$1.15	\$0.63	\$0.39	\$0.53	\$0.52	\$0.86	\$0.48	\$0.47	\$0.75	\$0.67	\$0.52
	Parsley	300 g	\$0.45	\$0.24	\$0.12	\$0.25	\$0.25	\$0.37	\$0.22	\$0.24	\$0.2	\$0.33	\$0.24
	Potato	300 g	\$0.78	\$0.6	\$0.45	\$0.56	\$0.66	\$0.65	\$0.57	\$0.55	\$0.59	\$0.63	\$0.63
	Purslane	300 g	\$0.67	\$0.37	\$0.22	\$0.3	\$0.34	\$0.55	\$0.3	Data not available	\$0.36	\$0.37	\$0.24
	Tomato	1,000 g	\$1.3	\$0.8	\$0.38	\$0.62	\$0.78	Data not available	\$0.69	\$0.79	\$0.86	\$0.89	\$0.72
Zucchini	1,000 g	\$1.66	\$0.91	\$0.39	\$0.63	\$0.72	\$0.98	\$0.63	\$0.74	\$1.17	\$0.88	\$0.64	
NON-FOOD ITEMS	Baby Diapers	40 diapers	\$9.75	\$5.86	\$3	\$5.09	\$5.46	\$7.11	\$5.59	\$6.75	\$6.25	\$5.96	\$6.06
	Bleach	1,000 ml	\$1.87	\$0.99	\$0.52	\$0.89	\$0.96	\$1.1	\$0.91	\$1.01	\$0.98	\$1.02	\$1.14
	Dishwashing Liquid	700 ml	\$3.37	\$1.51	\$0.66	\$1.06	\$1.22	\$1.88	\$1.48	\$1.65	\$1.62	\$1.53	\$1.69
	Laundry Washing Powder	4,000 g	\$12.99	\$9.06	\$5.33	\$8.74	\$8.43	\$9.92	\$9.03	\$10.26	\$9.2	\$9.42	\$8.84
	Sanitary Napkins	20 napkins pack	\$3.33	\$2.34	\$1.33	\$2.2	\$2.51	\$2.48	\$2.28	\$2.79	\$2.23	\$2.41	\$2.48
	Shampoo	400 ml	\$4.2	\$3.08	\$1.48	\$2.98	\$3.08	\$2.88	\$3.32	\$3.33	\$3.07	\$2.99	\$3.18
	Soap	One soap bar (125 g)	\$1.35	\$0.78	\$0.23	\$0.64	\$0.78	\$0.82	\$0.88	\$0.82	\$0.81	\$0.73	\$0.88
	Toilet Rolls	32 rolls	\$11.31	\$6.36	\$2.85	\$5.05	\$5.59	\$6.66	\$6.59	\$5.82	\$6.8	\$6.31	\$7.23
	Toothbrush	One toothbrush	\$2.65	\$1	\$0.45	\$0.86	\$0.84	\$1.13	\$1	\$0.79	\$1.1	\$1.03	\$1.01
	Toothpaste	125 ml	\$2.43	\$1.33	\$0.93	\$1.3	\$1.44	\$1.29	\$1.27	\$1.49	\$1.28	\$1.37	\$1.45